

Chronological activities report of children's home and Dipendra School

Duhabi Children home

- On 18 Jan 2014 Home had organized a picnic program in “Hariyali Ban” where children enjoyed a lot and get relaxed. Small playing competition had also been organized in the spot for the entertainment of the children which had freshened the body and mind of the children.
- In the end of February, District children welfare committee had organized one day orientation class on the subject of “Standards for operation and management of residential child care home” for staffs and executing committee at Duhabi home. It is very essential for every child's home that they obey and maintain the general rules, regulation and standard applied by government regarding the general process of child care home. Duhabi home's staffs and board people had participated on the program. Senior children from home also participated on the program where they learnt about child right.
- Holi festival (color of festival) was happily celebrated in home where small competition of “Pot breaking with closed eyes” was organized by home in March. Children were very excited about the festival and game.
- A 6 years girl, Laxmi (Maya) BK had been admitted to Duhabi Ashram on the mid of March. Young generation club in Dharan had found the girl in abandoned condition and with the help of some social workers the girl was brought to Duhabi Ashram for the admission. Duhabi has collected the entire required documents before admitting the girl in Ashram.
- In the end of April, educational interaction program was conducted at home in association of Duhabi home. The purpose of the program was to collect various ideas to improve children's education standard. For this, two teachers from each school (Where Duhabi children are currently studying) were invited as a guest. The discussion and interaction took place regarding the issue of educational improvement of children where lots of ideas were collected by Duhabi children home.
- In the beginning of May, “Participation mobilization center, Duhabi” in association of District development committee, Sunsari had organized an orientation program on the topic of “useful skill and training in life” where couple of children from Duhabi (Sita, Arjina and Pramod) had participated. The program also provided knowledge on the issue of HIV AIDS, psycho social problem, child right etc.

- The board has considered the application submitted by Pramod in home. For Pramod Kumar Majhi who passed SLC in second division, board has decided to remain him in Ashram another two years for his further study if any donor wishes to support in his higher education. The board has considered the application by Mr. Raju as well. He has failed the SLC examination with 3 red marks and that's why he also missed the opportunity of second chance. He wished to be independent and self-assured. He wants to do a job and live separate. Thus he wants Ashram to recommend him in job somewhere.
- During the month of July, Duhabi home had organized dance program in home where they invited 6 child club of Duhabi VDC. From Duhabi home, senior children group (Sapana, Sita and Arjina) and junior children group (Anoj, Anju, Toyaz, Devendra and Arbind) were participated. Program concluded in 4 hours where judge decided a senior children group of Duhabi as a first position. These kinds of programs are of course beneficial as the children expand their confidence among group and they become more active by the interaction with other groups of neighbor.
- In the beginning of September, Home has organized inter-club/ secondary school wise quiz contest in home where the group of children from home stood 3rd position. Total 19 child clubs and schools were participated for program and after the shot listing only 7 groups including the home selected in final round.
- Dashain and Tihar (Cultural) festival was blissfully celebrated in home where some board members visited home and participated with children in tika program. Children found and felt homely situation in home during great festivals.
- In the end of October Raju, a senior boy from Ashram, was reestablished in society as per his wish. He was recommended in small job at Itharai by Ashram.
- Madwadi Yuwa Manch (A social club) from Duhabi organized a program in Duhabi home, where they taught the children how to plant tree and informed them the benefits of plantation of green trees and greenery environment to the society as a whole.

Saraswati children home

- In the second week of January, Ashram had organized 2 days training program regarding the subject of positive thinking for the children inside Ashram's hall. The instructor of training was Mr. Murari Subedi, who is famous for such kind of behavioral training in Dharan area. The training had helped children how to build the positive thinking? Along with that they had learnt lots of definition regarding healthy people, positive concept, positive question, positive debate, conclusion, planning, implementation, result, beautiful society and prospered nation. Children can be certainly benefitted with these kinds of training and lecture.
- New boy Biraj Katuwal, around age of 6 years was admitted in Ashram. Ashram collected all the essential document pre-investigation was done before admission of children in Ashram.
- In the second week of February Aitaraj and Sabita from home had taken part in the program organized by District children welfare committee, Inaruwa, Sunsari. The theme of the program was "Minimum standard of operation of children's home in Nepal". The program was instructed by experience officials from district children welfare committee. Children had learnt a range of knowledge regarding the operation of children's home.
- In the third week of February Sabita and Binita from Ashram had taken part in the training program organized by "Brahman society Nepal". The training was regarding the practice in public speaking. After the training on the same day, couples of competitions like; quick tea making, paper bag making were also organized in which Sabita Rai had participated.
- In the end of February, home had organized free eye camp inside home in association with the group of doctors from BPKIHS where 300 people including all children from home were benefitted. 85 people from outside obtained a free operation.
- In the month of March, Ashram organized a reunification program between the current children and the ex-children of home. The program helped children obtaining the true information and experience (scenario) of society from their colleagues. Thus, it helps children making a future plan from their phase. At the same time children were provided a training in the subject "Positive thinking" by experience person.
- In the end of March, Dek Bahadur and Tara from Ashram was reestablished back to their family and Dinesh was also submitted to the same person who had brought him in Ashram.
- In the same month, Ashram organized the Gunyou Cholo/ Bratabandha (a ritual formality) of Chirinjivi, Rohit, Yunil, Biraj, Karan, Krishna, Laxmi, Puja, Yunisha and Jenisha. These kinds of programs of course make children happy and positive as they are departed from their families and they certainly feel like they are living in real family.

- In the mid of April, Rotract club of BPKIHS, Dharan had organized small program in Ashram for children regarding the health instruction for first aid. Couples of nurses taught children about the preventative measurement of person having accident. They instructed some common step of first aid as well. Children were benefitted with varied knowledge regarding first aid.
- In the month of (July- August), two children from Ashram, Aita Raj and Sabita were reestablished back in family. Sabita was reestablished back to her own mother who had been living nearby area of Ashram in her own small home. AitaRaj was adopted by a different family. Pre-investigation was done by Ashram before his farewell.
- On 6th September, home had organized inter- child's home (within state) drawing competition and quiz contest. Total 10 child's home from different district was participated. The group of saraswati children stood 2nd position in quiz contest and 3rd position in drawing competition.
- Dashain and Tihar festival was happily celebrated in Ashram where some board people had participated there for the pleasure of children.
- In the mid of November, on the occasion of international child's right day, the youth network from Dharan had organized a program regarding the instruction of importance and issues of child right at Dharan municipality. In there, the president of sunsari district children welfare committee and superintendent of police were also invited as a chief guest. Rohit, Yunil, Anita and Puja from Ashram were participated in the program. Children were learnt lots of practical knowledge regarding the issue of child right.
- In the end of November, Rotary club of Dharan had organized one day heath camp in Ashram where some doctors and surgeon from BPKIHS checked up the normal health along with common dental check up of all children.
- In the beginning of December, Ashram and Divya jyoti women cooperative organization of Dharan together had organized an eye camp in Ashram where the children and some neighbor were benefitted by a free eye check up and health advice by the doctors invited from Biratnagar eye hospital.
- During the past several months, children were participated in several program organized by home self, municipality and district children development committee.

Dipendra primary school

- In the mid of February, as an extra activities, a group of children from class four had presented a small act (performance) regarding the subject of “Drug addiction”. All the children excitedly watched the performance. These kinds of awareness program were such a beneficial to the children. The act was directed by Mr. Bikash rai.
- In the end of February, rotract club of Dharan had arranged a medicine of leech for all children in School.
- In the end of March school uniform and shoes were distributed to all the children where children were very excited and pleased.
- In the mid of May, Citizen Society welfare center had distributed books, copies, bags for few children in school.
- In September, on the occasion of child’s day various programs and completions among children were organized in school. All children were happy and excited taking part in games and competition.
- In the mid of September, group of B. Ed students of Janta campus, Itahari visited school for the community survey program regarding the drinking water and proper sanitary management. The people from the school community and children were largely benefitted by the program.
- In the end of September, Divya Jyoti women cooperative organization of Dharan provided small amount of money (Rs. 555) as a scholarship to the child Roshika Limbu who is studying in class 4. In the same day Mr. Bikash Rai organized a musical Friday program in School and let children singing and dancing.
- Picnic program was organized in the mid of November. All children enjoyed the picnic organized at Betana Simsar, Morang.
- School has been organizing small programs in school time to time where the children active participation was seen. The programs were; quiz contest, debate, school cleaning partaking, act play inside class room, dancing and singing, drawing, essay writing, football etc.

Anja visit in Nepal

Anja's Nepal visits in December end was very advantageous to our projects as she organized different programs in children's home and in schools especially for the children benefit. On the other hand, her activities had also helped staffs perform their job in more advanced way. She as a child psychologist, tried to congregate the precise information about children and their feedback. After then she cooperated the staffs by suggesting them to perform according to the information of children.

She started to work from Duhabi home and ended her work in Dipendra School. Besides that she had donated some educational and playing materials to the projects. She had organized plenty of interesting and instructive programs in all projects. Following are the lists of pictures (activities/ programs) with caption.

Reviewing the dental camp (Dipendra primary school, Dharan – 17)

April 23-27, 2014

Following are the report according to the collected check up report on site;

School children	99
Non-school children	63
Adults (parents & neighbor)	60
TOTAL	222

Following are the work carried out by Dr. Diego & dental hygienist, Mr. Ram;

Fillings	55 (approx 45 patients)
Sealing	60 (approx 25 patients)
Extractions	22
cleaning	Approx 150 scaling

The overall camp was good. The number checked was quite fine as it almost covered more than 76 % of total children of school.

The locality of school is very small and initially (before dental camp) it was informed that the focus should be mostly given to the school children. Parents and non school children were kept on 2nd priority list. Thus school had just informed the school children and their parents. There were large number of people for checking, if school had directly informed the non-school children and neighbors.

The hygienic condition of the school area during camp was not satisfactory. The waste management system was undesirable to be pointed out. But the system can be improved with the effort of the working bodies and the children can be made more aware in coming days with the systematic implementation of etiquettes and regulation of the policies.

Along with it, the power insufficiency had created a problem during camp. This can also be improved next time.

Of course the class room was reserved but next time the office room can be used for the camp. The only problem is that there is no any carpet in the office room. We can replace large bucket instead of small bucket that used to throw the waste collected by dental check up. It can be a very good idea to put a small meeting before and after camp with all volunteers.

It is already known that the area where the camp is held is a deprived and almost end west part of the city. Hence the public transport facility is very difficult to use there. The arrangement of private transportation is better for the place. The registration place had also disturbed the work in some extent. Next time it can be shifted outside classroom. The tent should be arranged next time to make a place for registration.

The program for referring patients to local dentist was not so successful. Why because the people there thought the local dentist would charge them for the services. Mrs. Gelal said that it had happened in past days with those patients. This can be improved in upcoming camp.

I only know that Ram is dental hygienist but I am not very clear about his working profession. Mr. Diego better know about his profession and working boundary.

We hope, next time the camp can be carried out in more improved manner. We can draw an excellent implementation plan for it.

Lists of programs conducted during the visit of Henk in Nepal (Mid February – March 2015)

- In February 13, SOS Itahari officially inaugurated the society/family strengthening program, in association with SOS Itahari and few VDC in Sunsari district, where Mr. Henk was invited as a guest. Chief district officer, district education officer, deputy police inspector and other government and nongovernmental officials were also invited as guests. The core intention of the program was the development and care of vulnerable children and increases the effectiveness of children and family.
- In February third week, we visited to Tashi waldorf school in Kathmandu, which is a unique kind of school in whole Nepal. The school is based on the “Antroposofic” philosophy. Tashi Waldorf School uses a curriculum which integrates the principles of Waldorf (Rudolf Steiner) education with the culture and traditions of the Himalayan region to create an educational experience that is meaningful and relevant for the children. In school, we have found some of their experiences very significant for Dipendra School however the school lacks the provision of further classes after fourth grade and school doesn’t have any legal registration with the ministry of education, Nepal. We had a very good meeting with Mr. Rajen Syangden (Director) there and he promised that he can assist us by providing appropriate training to the teachers of Dipendra School in near future.
- In February 24, we met web page designer Mr. Bikrant and his partner in Kathmandu. We discussed them regarding the update of our old website and of course the web shop which is an important means of fundraising. They were agreeing about whatever feature we wants to put in websites. Like; multilingual, children’s separate column etc. They advised us to build a link of website with different social media to increase the visitors of the website.
- On march 9 2015, we with few people from Saraswati board visited to Trisuley VDC, approximately 80 kms to the north, on a hired jeep, to meet Sangeeta and her brother Manoj. They both were the ex-children from Saraswati Ashram. The intention of the visit was to find out the current living situation (condition) of the children who left from Ashram. The journey was successful as we met both children and their families and knew the difficult life of them. We promised them to help in future days if we get success in our mission. On the same day we went to visit Dhankuta Ashram where we received plenty of new information and experiences after small meeting with them.
- On March 11, we had a meeting in SOS Itahari together with our two children’s home. The meeting was very beneficial as we discussed in various issues like; standard child admission procedure, child admission committee, risk analysis of field report, family based care, family strengthening program etc. We received lots of suggestions from SOS regarding our working policy.

- On March, we together with few Saraswati board people visited a large children home in Bitratnagar (Purbanchal Ashram) along with a government children home run by ministry of Nepal. The intention of our visit was to extent the network with similar organization. These kinds of activities help us improve and update our working policy by the interaction and cooperation of similar organization. On the same evening we went to visit Aitaraj place to get information about his current living and family situation near Itahari. The visits were very successful.

- On 13 March, we had a very energetic and advantageous staffs meeting at a conference hall of Sencha Hotel in Dharan. The objective of meeting was to find an appropriate solution of achieving organization goal by working in improved system. Meeting was divided in 3 phase with a 3 major questions. Following are the questions below;
 1. What do they (staffs) need in term of support, guidance and training?
 2. How to create a safe and caring environment in children home for their development?
 3. How to give and accept feedback from children as their feedbacks (whether positive or negative) are very significant?

After the discussion and interaction with each other there was a small break. During the break, three groups were formed where each group consisted with people from different projects. Along with break they discussed with each other and presented their group wise conclusion regarding the appropriate solution of achieving organization goal by working in improved system. The meeting was very positive and motivating too.

- On March 16, Saraswati Ashram had organized reunification program among the current children and ex-children where 15 ex-children had participated the program. The program intended to bring together old and new children so that old children share their real life experiences and hardship to the new one. In this way new children will be more informed with real situation and they can be self assured before reestablishment in the society. In the end of program, few children with very poor situation received small sum of money, directly collected from local donors and Mr. Henk there.