



Stichting Shide Children Home

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Geachte donateur/ belangstellende

Hierbij onze nieuwsbrief uit Duhabi, Nepal. Deze is samengesteld door Ash kumar Mandal, de coordinator van het kindertehuis. Zij geeft weer waar wij voor staan en waarom een kindertehuis nog steeds een veilige plek kan zijn voor kinderen die geen ouders of familie meer hebben in Nepal.

De nieuwsbrief geeft ook een beeld van het dagelijks leven en de praktische uitdagingen zoals het repareren van een weggespoelde zijmuur die niet opnieuw op een zachte bodem kan worden opgebouwd...

Door een verwachte toename van het aantal kinderen van 20 naar 25 is zeker extra personeel nodig.

Het instellen van een Supervisory Committee maakt een directere monitoring mogelijk en kan ons bestuur nog beter ervoor zorgen dat het beschikbare budget zo goed mogelijk kan worden besteed

Wij hopen opnieuw op uw welwillende steun voor de kinderen in Oost Nepal!

Namens bestuur en vrijwilligers een vrolijk Pasen!

Henk Hooghuis, voorzitter



Duhabi Children Home

Duhabi-5, Sunsari

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Introduction:

Our mission to provide a home for children without parents or (direct) family available. Due to the death of the parents, re-marriage of deserted / widow / divorced women, the children are left without care and support. Therefore, we look after these children in our children home by providing care, support and protection.

Duhabi Home is currently accommodating 20 Children's and is expecting 5 more children in the year 2022 at the home. The home provides all the basic needs to grow up in a loving, caring and secure environment. There are 3 full time staffs for taking care of the children. Two home mothers residing at the home are continuously available for the children and a full-time home-manager is responsible for managing the needs and create secure environment for children. However: the home needs extra home mother and a guard/handy man to join us!

Duhabi Children Home (DCH)



Presently, DCH is the major project run by SSCHD (Stichting) in Nepal. DCH, in close cooperation with the Stichting, serves the orphaned children in Duhabi home. Duhabi home was established in 2004 A. D. In the last 18 years Stichting has been the main donor of this organization. A part of our budget

in cash and kinds are provided by local donors, clubs and municipality.

Project objectives:

- To provide orphan / semi orphan, a childhood that they experienced and help them to become useful members of the society.
- To encourage orphan / semi orphan children to kindle their potential by providing creative opportunities.

- To make available a secure place where children can play and enjoy their childhood.
- To provide basic education to them.
- To provide such welfare services like lodging, boarding, schooling, health and recreation.
- To provide basic literacy and facilities for those who wish to study further.
- To select and prepare for a vocation in order to live on their own legs.
- To accomplishing physical, intellectual and aesthetic development of the child.

Project Activities

- Identification of orphan / semi orphan children.
- Pre-view of the incoming orphan / semi orphan children problem / difficulties.
- Teaching and schooling facilities for basic education.
- Teaching facilities for vocational courses and crafts.
- Recreational facilities.
- Health facility.

Supervisory Board/ liaison

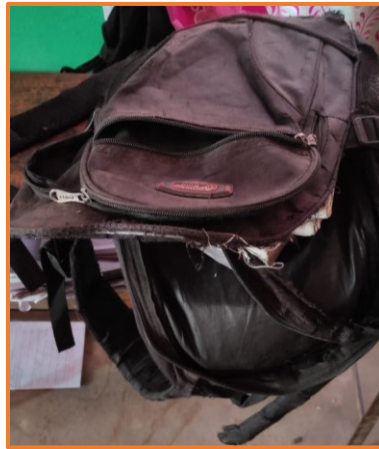


For the close monitoring work of Duhabi Home, new supervisory committee have been formed. They are independent and are responsible for monitoring the funds and bringing back the results to the Stichting.

- Every child has opportunity for indoor and out-door recreation and play facilities along with training in crafts and hobbies.
- Carpets and window curtains of the children's rooms were changed by the new one.
- After passing Class 10 Children's i.e. SEE examination the children are provided with vocational training through this organization.

School Bags

25 Schools bags are needed for the new session i.e. May 2022.



Vaccination Program

Children between the ages of 5 to 15 years were vaccinated against typhoid at their own school.



Food & Nutrition

All the children are being provided with 3 time's nutritious food in a day, 2 time's seasonal food in a week thus 8 time's in a month and milk is provided in regular basis.



Food Program of DCH Children

<u>Days</u>	<u>Breakfast</u> (6:30 to 7:00am)	<u>Lunch</u> (9:00 to 9:45am)	<u>Snacks</u> (4:30 pm)	<u>Dinner</u> (7:00 pm)
Sunday	Milk Biscuits/Cookies.	Rice, pulses, spinach and green vegetables.	Pasta and ketchup.	Rice and Mushroom curry with lemon.
Monday	Green tea and cookies	Rice, mix vegetable curry.	Chowmin Thuppa.	Rice, mix beans, potato puree and salad.
Tuesday	Beaten rice milk.	Rice Soybean potato mix Curry and salad.	Curd and beaten rice	Beaten rice and vegetable curry.
Wednesday	Bread milk and boil egg.	Rice, pulses seasonable vegetables and boil egg.	Fried noodles and ketchup.	Rice, beans, pickle and salad.
Thursday	Seasonal fruits and milk.	Rice, pulses, lemon and spinach/seasonal vegetable.	Puri and potato curry.	Rice, Mushroom curry or Seasonal vegetable curry.
Friday	Milk tea and bread.	Rice, pulses and seasonal vegetable with salad.	Bread milk and boil egg.	Rice, pulses seasonable vegetables and boil egg.
Saturday	Curd and beaten rice	Rice soybean potato mix curry and papad.	Fried Rice and pickle.	Rice, pulses paneer curry and papad.

Occasional / Ceremonial and Party Menu

	Breakfast	Dinner	Snacks	Lunch
Veg	Puri pulses and curd	Pulav, Fried Dal, Rajma curry or paneer Curry.	Fried beaten rice, bhujia and omelet.	Rice, pulses and seasonal vegetable.
Non-Veg	Egg, bread and milk	Rice, Egg curry and salad.	Fried Noodles.	Rice, Curd Curry and papad.

Casual Shoes:

Children's have bought Casual shoes according to their wish and they have chosen shoes by visiting to shop.



Bimal

Bimal had lost his right leg as a child during a fire in the farm of his uncle.

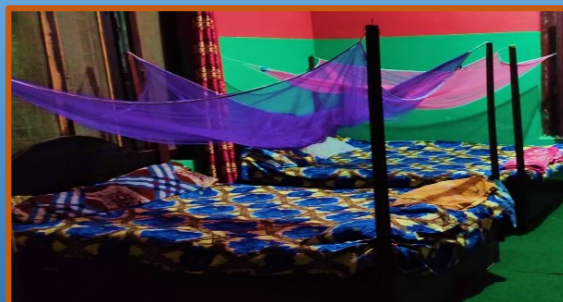


He was admitted in DCH in 2006 by our chairman Mr. Henk. Stichting could help Bimal in 2010 by providing him an artificial leg 12 years ago. For that he needed a new amputation in the Green Pastor Hospital in Pokhara at age of 15. Since he was still growing at that time, now he needs a new artificial leg.

Bimal has asked our support. The total costs will be around € 700. Municipality is also expected to contribute € 200. Bimal has 2 small kids and a wife. Although he works full time as a cook in a local restaurant his income - €120 pm- is not sufficient for providing the new leg.

NEW BEDS SET FOR CHILDREN'S

In order to Maintain Familiar environment and to take in more children at Home, we have constructed 16 new wooden beds, which is locally made at our own residential area for maintaining quality along with that 16 new mattresses were also made.



Children Participations

Anoj & Toyaz

Toyaz & Anoj took part in soccer match called “Inter Leo futsal Cup” organized by Local Lions Club of Nepal.

He had represented by Duhabi Leo Club.



Toyaz

Toyaz took part in Soccer match called “Mayor Cup” organized by Duhabi Municipality. He had represented from Duhabi ward number 5.



children remained busy by taking part in drawing competition, quiz contests, cleaning and plantation programs. They also took part in oratory competitions, quiz and drawing competition organized by children's federation of province one. The children are kept busy through above activities and television shows during lockdown.

Child Club



Most of the activities were organized with the help of child club. The club has provided opportunity to develop leadership among members and ownership towards the home.

Twins Children



Karuna and karuna are twins (brother and sister), they were born in Dharan-17 Falkland. their father died when they were 6years old. He was a laborer and only bread earner of the family. They don't have any relatives at Dharan. They were living in a temporary house built in government land. They don't have and land and fix property. The parents were having difficult time in rearing these two children thus were in desperate need of support from us. their parents are unable to fulfill the needs of the children and the mother was not taking care of her children. She used to drink alcohol and remained careless most of the time. She was living her life from begging on the street of Dharan and surroundings.

Khusi and Pratima are sisters. They were born at Udaypur (district) Ghaighat. After the death of their father, Mother ran away with another guy. They don't have any relatives at Ghaighat thus, they were recommended by Triyuga Municipality to DCH for further care and support. They need Support of SSCHNL, to become a good Children at society.



Beyond Education



Since 2019, the Duhabi Home also has a Vocational Training which enables Children Upon finishing school to gain extra skills and prepare for an independent life. Under that Riju, is one of the senior boy of the home currently residing at Kathmandu. He was trained as a barista since 2019 in Red Mud Coffee. Currently, he's working at Chicken station opposite to Red Mud. He is very much positive towards his profession as Barista and hopeful to run his own coffee corner in the future.

His cost is partially subsidized by SSCHD NL with the help of a generous sponsor until Riju can manage without support. He needs further support from SSCHNL to start his own business.

The highlights of the budget are as follows.

Annual Budget and Plan of 2022			
S. No	Description	Proposed amount (For whole year)	In Euro
1	Fooding	420,000	3178.40
2	Education	60,000	454.01
3	Repair/Maintenance	36,000	272.40
4	Medical	36,000	272.40
5	Toiletries	60,000	454.01
6	Water/Gas/Electricity	80,000	605.34
7	Clothing's/Festival clothing	40,000	302.67
8	Net and land phone	24,000	181.60
9	Office stationery/others	18,000	136.20
10	Fuel for motorbike	24,000	181.60
11	Activities/Celebration	7,500	56.75
12	Purchase of Books & Stationery for children	50,000	378.34
13	Audit/Org. renewal	25,000	189.17
14	Bedsheet & Pillows	25,000	189.17
16	Rashmi Baraily Sponsored girl	108,000	817.21
17	Riju Gautam Sponsored boy	96,000	726.41
18	Others	50,000	378.34
	Total of A	1,159,500.00	8773.65
	Salary Details	Proposed amount	In Euro
1	Office Manager	195,000	1475.52

2	2 Mothers	260,000	1976.36
3	2Tutors, Dance teacher and Computer teacher	182,000	1377.15
4	Handyman / Guard	130,000	983.68
	Total of B	767,000.00	5803.70
	Others	Proposed amount	In Euro
1	Contingency for social/medical	250,000.00	1891.69
2	Dismantling of old building	50,000.00	378.34
3	Health Insurance Premium	17,500.00	132.42
4	Monitoring & Evaluation by SWC	50,000.00	378.34
5	Washing Machine	75,000.00	567.51
6	2 Shoe Rack for Children	5,000.00	37.83
	Total of C	447,500.00	3386.12
	Grand Total A+B+C	2,374,000.00	17963.47

Expenses of Duhabi Home from January to March 2022

Expenses of Duhabi Home from January to March 2022			
S. No	Description	amount	In Euro
1	Fooding	87,967	665.62
2	Education	530	4.01
3	Repair/Maintenance	16,045	121.41
4	Medical	3634	27.50
5	Toiletries	16128	122.04
6	Water/Gas/Electricity	17112	129.48
7	Clothing	35,790	270.81
8	Net and land phone	14558	110.16
9	Office stationery/others	5565	42.11
10	Fuel for motorbike	5600	42.37
11	Bedsheet & Pillows	25,000	189.17
12	Rashmi Baraily Sponsored girl	27,000	204.30
13	Riju Gautam Sponsored boy	24,000	181.60
14	Flower Plants	2500	18.92
	Total of A	281,429	2129.50
	Salary Details	Amount	In Euro
1	Office Manager	45000	340.50
2	2 Mothers	60,000	454.01
3	2Tutors, Dance teacher and Computer teacher	26,000	196.74
	Total of B	131,000.00	991.24
	Total of A+B	412,429.00	3120.75

The Wall

On November of 2021, we shared with you about the need to re-construct a boundary wall around 143ft from north to south of Duhabi home. Duhabi home is requiring this wall because our children need better protection, especially our little ones. Our original estimate from the contractor for the wall may not be enough! The men have to dig down about 4ft and remove soil, so they can pour in the foundation and place the pillars. Even it has been 5 month we are not able to re-construct the wall due to the land structure of Duhabi home and rice field opposite to that. Rice field is 3ft down than the level of Duhabi home. So, we are worried about that. We are cooperating with Dutch Technical advisor for better result. The foundation of wall can be constructed using brick and concrete, the pillar should be dig for 4ft down than the land surface. A fence will be placed to prevent future collapse.

Challenges:

Our projects and the children in Nepal have also suffered from corona. It had been a great threat to our colleagues in keeping children safe out of this pandemic. Schools were closed due to lockdown. Online education was only limited available and children were encouraged to attend them regularly. Instead it has been dealing with the situation in a creative manner, like providing extra tuition, drawing competition, games inside the compound of the home.

Appeal and conclusion:

Duhabi Children Home Still needs your support. We are a local Community based facility for children who have no other options to grow up safely.