

Duhabi Children's Home  
Duhabi, Sunsari  
Month: June 2025

Monthly Report

Date	Activities	Participant	Achievement	Remarks
05/06/2025	Group Meeting with the children about the daily schedule	14 Children And	<ul style="list-style-type: none"> <li>• Today's meeting started by discussing the activities of the previous meeting.</li> <li>• Today, we discussed with the children whether they have been following their daily routine. We found that many of them have not been applying it.</li> <li>• Then, we discussed the daily routine with the children. They were asked to include regular personal hygiene, study time, playtime, and rest time in their routine and to follow it consistently.</li> <li>• Overall, the meeting promoted self-discipline and effective planning in their daily lives.</li> </ul>	
07/06/2025	Workshop on orphanage management and mental health <b>organized by the</b> Koshi Province-level Children's Home Federation.	2 Staff	<ul style="list-style-type: none"> <li>• Two representatives from Duhabi Children's Home participated in a workshop on orphanage management and mental health organized by the Koshi Province-level Children's Home Federation.</li> <li>• In this workshop, participants enhanced their understanding of children's rights as outlined in the Child Act 2075, particularly about the operation of the children's homes. The workshop also strengthened the capacity of representatives from children's homes in addressing mental health issues.</li> <li>• Although this workshop was one day, it was fruitful.</li> </ul>	

09/06/2025	Child club reform	13 Children and 2 staff members participated	<ul style="list-style-type: none"> <li>• Today, we focused on reorganizing the Children's Club at Duhabi Children's Home. Asu Sir and I guided the process. We explained what a children's club is. We also shared why it is important. After the children understood, we started the reformation process. They were actively involved. They participated with great enthusiasm.</li> <li>• We have successfully reorganized the previously inactive Child Club at Duhabi Children's Home. With the active participation of 13 children aged between 8 and 18 years, a new 7-member committee of the <b>Nav Bikash Child Group</b> has been enthusiastically formed, marking a fresh start for child-led engagement and leadership.</li> <li>• We have formed a Children's Club to enhance children's participation, leadership and engagement in meaningful activities through the Children's Club located in the Children's Home.</li> </ul>	
13/06/2025	Group discussion with child club members on the objectives of the child club.	7child club members	<ul style="list-style-type: none"> <li>• Today, we had a Group discussion with child club members on the objectives of the child club.</li> <li>• After that, we had a clear discussion with the members of the Child Club regarding its purpose. All members were informed about the importance of understanding the objectives of the Child Club.</li> <li>• The members of the Child Club were informed about the club's formation, its functioning, purpose, and overall importance</li> </ul>	

14/06/2025	Meditation and Group discussion about the responsibilities of the members of the child club	14 children and club members	<ul style="list-style-type: none"> <li>• Today's meeting started by discussing the activities of the previous meeting.</li> <li>• Today, we played a pleasant sound and asked all the participating children to sit comfortably and close their eyes for meditation. After some time, when the meditation was complete, we asked the children how they were feeling.</li> <li>• After that, we provided information about the roles, duties, and responsibilities of the seven members of the Child Club, explaining each role in turn.</li> <li>• The participating members of the Child Club have received clear information about their duties, roles, and responsibilities.</li> <li>• Their capacity to fulfill duties and responsibilities within the Child Club has increased. They expressed that participating in the club has encouraged them to become more individuals that are responsible individuals.</li> </ul>	
18/06/2025	Preparation of the Overall Activity Report 2024 for the donor	2 staff	<ul style="list-style-type: none"> <li>• Today, Asu Sir and I discussed the preparation of the Overall Activity Report 2024 for the donor. Together, we reviewed and summarized all the activities carried out throughout the year to determine what should be included in the overall report.</li> </ul>	
20/06/2025	How to write minutes of child club meetings and Individual counselling	7 child club members And 2 children	<ul style="list-style-type: none"> <li>• Today, we taught the participating members of the Child Club how to write meeting minutes. We enhanced their minute-writing skills by emphasizing the inclusion of key components such as the meeting date, time, venue, names of participants, discussion topics, decisions made, and action plans.</li> <li>• The participants showed enthusiastic interest in learning</li> </ul>	

			<p>throughout the session.</p> <ul style="list-style-type: none"> <li>• Participating members of the child club have increased their skills on how to write minutes.</li> <li>• Today, we conducted individual counseling sessions with the children to address issues related to their behavior, poor hygiene, and lack of concentration and interest in daily routines.</li> <li>• Additional individual counseling sessions will likely be needed for these two children, as well as others, in the coming days.</li> </ul>	
21/06/2025	Meditation and group discussion on the importance of clean clothes and proper ways to wear them, and planning child club activities	12 Children Child club members	<ul style="list-style-type: none"> <li>• Today's meeting started by discussing the activities of the previous meeting.</li> <li>• Today, again, to focus the attention of the participants, we played a pleasant sound and asked all the participating children to sit comfortably and close their eyes for meditation. Sometime later, after the meditation was complete, we asked the children how they were feeling.</li> <li>• After that, we discussed with the children about the importance of clean clothes, hygiene, and health.</li> <li>• After the session, many children showed improved hygiene habits. Group discussions encouraged sharing and learning about cleanliness, self-care, and confidence.</li> <li>• Through group discussions, children actively shared their views and learned from each other's experiences about cleanliness, self-care, and confidence.</li> <li>• We had a discussion with the members of the Child Club regarding conducting at least one activity within the month. Based on everyone's input, it was agreed that the final plan would be decided</li> </ul>	

			next week.	
27/06/2025	Prepare handwriting and one child marries related Nepali movie "Ujeli" followed by and discussion about the movie.	13 Children and child club members	<ul style="list-style-type: none"> <li>• Today we meeting started by discussing the activities of the previous meeting.</li> <li>• Today, we held a discussion with the Child Club members regarding preparations for the handwriting competition. Initially, three members were assigned responsibilities for organizing the event. Following that, we discussed the implementation process and decided on the participants.</li> <li>• After that, all the children were encouraged to participate and prepare for the handwriting competition. They appeared excited and enthusiastic about taking part in the event.</li> <li>• After that, we asked all the children to prepare for the quiz competition, and we asked two leaders to prepare the questions.</li> <li>• After that, we asked all the children to prepare for the quiz competition, and we asked two leaders to prepare the questions. Everyone was excited about the kids participating in the quiz competition.</li> <li>• After that, we watched the Nepali film <b>Ujeli</b>, which depicts the serious issue of child marriage for children.</li> <li>• After the film, a discussion was held to help the children understand the emotional, social, and educational impacts of child marriage, particularly on girls.</li> </ul>	

			<ul style="list-style-type: none"> <li>• Encouraged the children to reflect on the importance of education on child rights and child marriage.</li> <li>• The participating children learned about the disadvantages of early child marriage.</li> </ul>	
28/06/2025	Organized a handwriting competition	11 children	<ul style="list-style-type: none"> <li>• Today, we successfully organized a handwriting competition under the initiative of the Child Club, aimed at enhancing the writing skills and abilities of the children. 11 children actively took part in the handwriting competition, highlighting their enthusiasm and interest in creative learning activities. Two children served as judges, and a member of the Child Club effectively conducted the program.</li> <li>• The handwriting competition encouraged the participating children to practice neat and precise letter formation, which in turn improved their overall handwriting skills.</li> <li>• The children participated with great enthusiasm and showed excellent knowledge.</li> <li>• The winners of the handwriting competition were <b>Sristi</b> in first position, <b>Yubraj</b> in second position, and <b>Bijay</b> in third position. The winners were felicitated with prizes, and all participants were encouraged for their efforts.</li> <li>• Small prizes were awarded to the winning children, boosting their self-esteem and motivating them to continue improving both their handwriting and academic</li> </ul>	

			<p>performance.</p> <ul style="list-style-type: none"> <li>The handwriting competition helped identify children with exceptional handwriting skills, who can be further encouraged and supported in their creative and academic pursuits.</li> </ul>	
--	--	--	--	--

**Lesson learned:**

- Cleanliness, child marriage, daily routines and motivational film screenings, and interactive discussions on these topics could help raise awareness among children and inspire behavioral change.

**Challenges:**

- Some children are not following their daily routines consistently.
- Some children have problems with behavior and hygiene.

Reported by

Raj N. Chaudhary  
Counsellor  
Date 09/07/2025

Approved By

Aashu Mandal  
Manager  
Duhabi Children Home