

Duhabi Children Home
Duhabi, Sunsari
Month: January 2025

Monthly Report

Date	Activities	Participant	Achievement	Remarks
3/01/2025	physical exercise And Conduct a session on how to be safe during the winter season	12 Children	<ul style="list-style-type: none"> •Today we started with physical exercise in a different way than usual. •As it was wintertime, we organized physical exercise sessions for all children. Every child participated enthusiastically. According to the participants, this workout made them feel physically active, fresh, and bright. •Today, we started our session on winter weather safety. We covered essential knowledge and provided valuable suggestions to help you stay safe during the winter season. •Participants have been made aware of the importance of wearing thick clothing, hats, gloves, and scarves. We have also emphasized the need to stay well-protected and safe during the winter season. •Participants are aware of how to stay safe during winter weather. 	
4/01/2025	Motivational Social story sharing and discussion	12 Children's	<ul style="list-style-type: none"> •Today's meeting started by discussing the activities of the previous meeting. •Today, we started sharing various motivational social stories with the participants. Then, they listened to many stories about social motivation." •Social stories often teach children important values such as honesty, compassion, and determination. Children can learn to incorporate these values into their own lives. •Discussions encourage children to think critically about the story. By analyzing the actions and decisions of the characters, they promote a deeper understanding. •Stories often present challenges that characters overcome. Children learn different problem-solving strategies that they can apply in real life. •Motivational stories stimulate kids' imagination and creativity, encouraging them to think outside the box and explore new ideas. 	
10/01/2025	Scavenger Hunt Group discussion	10 Children	<ul style="list-style-type: none"> •Today's meeting started by discussing the activities of the previous meeting. •Today, we have informed all the children to participate in Nature Scavenger Hunt activities. Following this, the rules, measures, 	

			<p>and procedures for conducting the Nature Scavenger Hunt were discussed to ensure a safe and enjoyable experience.</p> <ul style="list-style-type: none"> •Afterward, all the children participated in the Nature Scavenger Hunt Activities, where they collected various natural items. Among all the participants, one child collected the highest number of items, totaling 21, which included stones, leaves, flowers, water, and branches. •Since the nature scavenger hunt is a creative activity, the children were eager to actively participate in collecting natural objects. They expressed that they continued to have fun while also learning about such activities. 	
11/01/2025	Treasure hunt	13 children	<ul style="list-style-type: none"> •Today's meeting started by discussing the activities of the previous meeting. •A treasure hunt activity for children is a fun and engaging way to nurture various skills and knowledge. Today, children have participated in this activity, and they were actively participated. •Initially, we informed the children to work together and share ideas to find clues and treasures. In this activity, we have hidden three types of surprises. While searching for treasures, they developed skills such as problem solving, creativity, patience, determination, confidence, and perseverance. •Boosts self-confidence as they achieve milestones and ultimately find the treasure. •Children met treasures in three times. They have expressed that they are enjoying and happy. 	
17/01/2025	Chocolate piking game and	10 children	<ul style="list-style-type: none"> •In today's meeting, we conducted some activities that children like. In which they actively participated. •Today, we played a new and different game where we had to pick up chocolates. In this game, we stood in pairs, facing each other, and used different words related to chocolates. The objective was to successfully pick up chocolates. The first person to pick a chocolate would win the game and get to keep the chocolates. •They have said that they are happy and excited to be directly participating in this game, and to play these games in this way. •Everyone said that they felt a lot of fun and joy by being active participants. • 	
18/01/2025	Group discussion session about the second term examinations of	13 Children	<ul style="list-style-type: none"> •Today, we started a discussion on the preparation for the second term examination at the school. The children have agreed to discuss the second quarterly exams." 	

	school		<ul style="list-style-type: none"> • Then, we discussed by forming a group. We talked about how children prepare for examinations and who is affected when we do not prepare adequately. • Then, the children said that they would be better prepared for the examination. • Then, the children said that they would be better prepared for the examination. 	
24/01/2025	Informal discussion and conversation about hygiene with children.	10 Children	<ul style="list-style-type: none"> • Today, the children discussed how to stay clean and healthy. • Keep shaking with children before eating, and after using the toilet and playing outside. Twice a day in a day - Brush at least two minutes and the evening. When our body is clean and fresh. Try bathing every day and wash your hair regularly. Also, clean clothes help you make you feel better. • During discussions with children, they will consistently emphasize the importance of cleanliness. 	
25/01/2025	Game to jump in a box with a number	14 Children	<ul style="list-style-type: none"> • Today, we were ready to play a jumping game with the kids. We drew many boxes on the floor. Players needed to jump into the numbered boxes and avoid the gaps. Everyone was actively involved and excited to participate in this game. • Initially, children were embarrassed to play this game. They understood the rules of the game and they completed the game. • The children improve their hand-eye coordination and motor skills while developing their ability to communicate and focus effectively. Additionally, this activity helps them make decisions, develop problem-solving skills, and build friendships. • This game provides fun and engaging ways for children to learn and play. The joy on their faces was evident as they participated in the activities. Even if they faced challenges, they remained excited and eager to continue playing 	
30/01/2025	Meeting with Mr. Henk		<ul style="list-style-type: none"> • Today, in the meeting with Mr. Henk, he discussed the children under the care and protection of Duhabi Children's Home. It was a good and fruitful discussion. 	

Lesson learned:

- Children need to manage their hygiene and health routines more effectively. They need to learn more about cleanliness and health-related skills. These skills also make important contributions to their emotional and social development.

Reported by

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