

Duhabi Children Home  
 Duhabi, Sunsari  
 Month: September 2024

Monthly Report

Date	Activities	Participant	Achievement	Remarks
6-7/09/2024	Preparation of various activities for National Children's Day	12	<ul style="list-style-type: none"> <li>•Today's meeting started by discussing the activities of the previous meeting</li> <li>•As part of the preparation of various programs to celebrate National Children's Day, today especially the participating children practiced dance and drama according to their interests.</li> <li>•This time children are very excited to celebrate National Children's Day. They are also preparing well.</li> </ul>	
13/09/2024	Final Preparation of various activities for National Children's Day	12	<ul style="list-style-type: none"> <li>•Today, as part of the final preparations for the various programs to celebrate National Children's Day, the participating children practiced 3 dances and 1 drama according to their interests. They also planned to play 3 games, give prizes to the winners, and cut the cake at the end of the program.</li> <li>•According to the participating children, on Children's Day, they planned to have drama, dance, a race to eat chocolate hidden in flour, a balloon-bursting game, and a race to eat chocolate hanging on a thread.</li> </ul>	
14/09/2024	National Children's Day celebration	all	<ul style="list-style-type: none"> <li>•Today, as we celebrate National Children's Day, we first played a running game for children to eat chocolates hanging on a string. In which 8 children participated. After that, we also played balloon bursting game for 8 girls. In the last game, we played a race to eat chocolate hidden in flour. In which 6 boys participated. 3 winners were selected from each game.</li> <li>•After that a cultural program was organized and 3 dances were presented, after which prizes were distributed to the winners of all three games and finally the cake was cut and the National Children's Day was celebrated.</li> <li>•The children were very happy to celebrate National</li> </ul>	

			Children's Day in this way, they expressed that they felt very happy, enjoyed, and very happy.	
19/08/2024	Meditation, kitchen gardening, and drawing Activities	14	<ul style="list-style-type: none"> <li>•Today's meeting started by discussing the activities of the previous meeting.</li> <li>•We instructed the participants to be ready to practice meditation today as in other meetings. Today's focus is on listening to external voices. Focusing only on that, we asked all the participants to sit and meditate.</li> <li>•After meditating all the participating children, we did the drawing activity. They also actively participated in this. They have expressed that they are very happy to make drawings according to their abilities.</li> <li>•After that, there was a discussion about kitchen gardening with the participation of the boys, after which we dug kitchen gardening and planted green vegetable seeds in their presence. They expressed that it was a lot of fun to see the boys directly participating in the kitchen gardening activities.</li> </ul>	
20/09/2024	Group discussion on creating drawings that resemble Dashain for the Dashain festival.	10	<ul style="list-style-type: none"> <li>•As always, we started today's meeting by discussing the activities of the previous day's meeting.</li> <li>•According to the children's interests, we had a group discussion about the drawing competition for Dashain, the great festival of Nepali people. We will hold this drawing competition a few days before the Dashain festival and we discussed as a group about giving priority to the drawings that are compatible with Dashain.</li> <li>•We have given some examples of how to make drawings that are compatible with Dashain.</li> <li>•Children are excited to make Dashain festival drawings.</li> </ul>	
28/09/2024	Group and individual talk with problematic children's	10	<ul style="list-style-type: none"> <li>•As always, we started today's meeting by discussing the activities of the previous day's meeting.</li> <li>•Today we sat in a group with 10 children and separately with 2 children. Today especially, the main purpose of sitting in groups and individually was to discuss the problems seen in their habits. In which two people have been identified with behavioral problems. It</li> </ul>	

			seems necessary to have more sessions with them in the coming days.	
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**Lesson learned:**

- Yoga, meditation, games, group discussions, awareness sessions, and other extra activities can increase their morale among the various activities to increase children's confidence.

Reported by

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Date 09/10/2024

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