



## Nieuwsbrief 25

*Stichting Shide Children Home Dharan  
Oostenburgerpark 1018 HT Amsterdam  
Tel 020 4282850  
IBAN: NL90INGB0000127313  
url: [www.kinderhuisnepal.nl](http://www.kinderhuisnepal.nl)*

*De Stichting heeft de ANBI status  
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Amsterdam ,juni 2019

Deze nieuwsbrief is samengesteld door onze zusterorganisatie, de Society for Helpless Children (SHC) in Dharan, Nepal. We hebben afgelopen jaar gewerkt aan een sterkere organisatie, een nieuw lokaal bestuur o.l.v Meharman Hughes (zelf als wees geadopteerd door de Britse Welfare Officer Tom Hughes in Dharan) Hij wordt bijgestaan door Ramesh Tamrakar, oud Dir SOS Kinderdorpen en Supervisor van ons project. In de nieuwsbrief vindt U een overzichtje van de resultaten in 2018 alsmede de belangrijkste ontwikkelingen van het afgelopen half jaar.

Door de nieuwbouw van 3 extra klaslokalen voor Dipendraschool die dankzij de Rotary Hulst ( bouwkosten) binnenkort worden opgeleverd kan de school doorgroeien naar een volwaardige primary- school met in totaal 8 klassen!Geld voor inrichting, schoolbanken, kasten etc is nodig ( ca \$2500) Ook is een peuteropvang ( daycare ) gebouwd op het schoolterrein. Hierdoor kunnen kinderen die voorheen vaak thuis moesten oppassen, nu ook naar school De opvang moet nog worden ingericht en er is een extra toilet nodig, wasruimte .Ook hier is geld voor nodig ( bij elkaar ong \$3000)

We noemen verder het werkgelegenheids project waarmee we onze jongeren kansen willen bieden op veilig werk in Nepal, zodat ze niet gedwongen zijn werk te gaan zoeken in bv Qatar,Saoedi Arabie omdat er geen mogelijkheden zijn in Nepal..

Tevens vermelden we twee kinderen die individueel gesponsord worden. Dit behoeft toelichting:

Uitgangspunt van de stichting is nog altijd dat alle kinderen dezelfde kansen moeten krijgen om zich te ontwikkelen.Toch zijn er kinderen die extra steun nodig hebben omdat ze het anders, vanwege aanleg of achtergrond, niet redden in Nepal. Enkele voorbeelden worden genoemd waarin de stichting individuele sponsoring biedt.( namen gefingeerd vanwege privacy )

We willen kinderen die dat nodig hebben extra (huiswerk) begeleiding bieden.Hier zijn uiteraard extra kosten aan verbonden. Verbetering van de kwaliteit van het onderwijs op Dipendraschool is een belangrijk doel. Zo willen we een docent Engels op de school ( kosten ong \$1000 pj )

Ter afsluiting een samenvatting van het het jaarplan 2019 waarin we opsommen wat de prioriteiten zijn dit jaar en hoeveel geld er nodig is.

Tenslotte nog dit : er is in Nederland de laatste tijd sprake van negatieve beeldvorming ten aanzien van weeshuizen in Nepal. Zaken als seksueel misbruik, verwaarlozing van kinderen, wildgroei van kindehuizen in Nepal maar ook bv ( korte ) stages voor westerse studenten die eerder schadelijk zijn dan dat de kinderen er door worden geholpen. Sinds de oprichting in 1998 zijn onze projecten geworteld in de ( nepalese ) samenleving.We beschikken hierdoor over een betrouwbaar deskundig netwerk Ook is onze zusterorganisatie geregistreerd bij de Social Welfare Council, in Kathmandu, een Nepalese overheidsinstelling.

Het belang van de kinderen staat bij ons altijd op de eerste plaats!

We hopen dan ook dat u ons zult blijven steunen om de kinderen in Oost Nepal kansen te bieden!

Henk Hooghuis, voorzitter.



Email: [societyhc@gmail.com](mailto:societyhc@gmail.com)  
Phone: +977-25-530088  
Mobile: +977-9812308828  
URL: [www.kinderhuisnepal.nl](http://www.kinderhuisnepal.nl)



*Vrnl: Meharman Hughes, Ramesh Tamrakar, Henk Hooghuis*

### **Introduction of the new Chairman, SHC Dharan**

Mr. Meharman Hughes (Giri) was brought up by the late Mr Tom Hughes; a British Welfare officer. Tom founded a Family home that is now managed by Meharman. He is very much sensible in child care. He has been serving under-privileged children in Nepal since long time back and is associated with many other social organizations. He is happy to be a chairman of SHC and would love to serve children in the capacity of chairperson. The SHC has 6 members board to help him.

### **Introduction of Mr. Ramesh Tamrakar [Supervisor/Field-director]**

Mr. Ramesh Tamrakar is associated to SHC since last two decades as a good friend and now serving as a Field Director.

He worked for SOS Children's Villages Nepal, as Deputy National Director, National Coordinator for Emergency Response Program Nepal after the major earthquakes in 2015. He was responsible coordinating the emergency response for earthquake victims.

He has good knowledge on other alternative care modules like family strengthening, foster care, and kinship care. He is equally good in housing program for homeless families, micro credit and livelihood for helpless families.

He has served as Chairman of District Child Welfare Board, a government body and been able to work with other I/NGOs and brought them together in mainstream and worked in collaboration.

After his retirement Ramesh wants to share his experience with us. He will help us making the year plan and bringing the results to the sponsors. In this way his contribution will be beneficial for the children.

## Summary of the achievements of 2018

Our project experienced lots of achievements in the previous year. Below are the brief summaries of the achievement:

1. Two new qualified teachers having bachelors and Master's degree were appointed in Dipendra School. Mrs. Harimaya Subedi and Miss Dipa Magar (20y) are two young teachers who are dedicated to work for the pupils at Dipendra School.
2. Two orphans from Falkland area were admitted to Duhabi Child home. They were rescued from unsafe situation with grandparents with the motive of providing quality care.
3. Association of former Deputy National Director of SOS Villages Nepal; Mr. Ramesh Tamrakar as a supervisor and field coordinator to our organization is also marked as achievement.
4. One of the boys completed 3 months art training in Pokhara from Duhabi home.
5. Individual sponsoring for Danu and Rima.
6. Organized successful mini-conference in planning and evaluation program with the help of Ramesh Tamrakar.
7. Monitoring of available budget for the meal program of Dipendra school run for underprivileged pupils *\*sponsored by de Vastenactie icw St Kinderen vd Wereld*
8. Exploration of job opportunities for young adults in a reliable company via the Rockstart network
9. Completing the conditions for receiving the funds from Rotary Hulst for building of 3 extra classrooms. A safe and earthquake proof construction is realized.
10. Main events:
  - school uniforms distribution by sponsor (St Kinderen v/d Wereld),
  - tree plantation program,
  - School copies and Samaritan purse (local initiative) distribution program held in Dipendra School.

## Achievements of the projects from January 2019

- Role of a generous sponsor in bringing change in the life of a child:

Rima, a girl of 14 years lives with her mother and grandma (suffering from TBC). Her mother works as a maid in others' house and can hardly feed her family. Her grandmother is very fragile and weak. Rima is performing well at (public) school. However, without sponsoring she cannot attend school.



Rima (middle) after renovation of the hut

The family was living in an improvised /makeshift hut that was leaking and could collapse any moment. A sponsor from Amsterdam offered to provide costs of education and living for Rima (Euro 77 pm). With his support we could renovate the hut and place a tin roof and pillars. Now it is safe to live in even at bad weather conditions..

- Duhabi Child Home: Danu



*Danu with children during breakfast time.*

Danu (approx. 18 yrs.) is in Duhabi home since last 10 years. Since 1 year she receives individual sponsoring. At present she is learning practical life skills (cooking, cleaning, shopping etc.) while continuing her formal education. Danu is not gifted thus has difficulty in coping with school education. She needs to develop other skills so she can make a living. Together with her we are exploring the possibilities for her employment and vocational training.

- New Day Care Center at Dipendra School



*Small children inside the class room with care givers*



*Front View of Day Care Center*

*Toddlers in new day care room cared by staffs*

The schooling age children remain often at home to look after the younger children while parents go to work for bread. This facility will enable the parents to go to work without any worries and ultimately help them support their children. Considering the need of early child care; a daycare facility has been introduced from 2019 session. The children will be taken care by providing nutritious food, child friendly environment, and learning through playing. This building is built through the generous support of Dutch sponsors (cost without inventory euro 3600). The local women donated their labor in the construction. We are looking for a sponsor for carpet, children's beds, cupboards, playing and teaching materials. The estimated cost could come to Euro 2500.

We also need to construct extra toilet for these toddlers and water taps for drinking water. The service should be hygienic and free from all sorts of medical risk issues. The total cost is estimated to Euro 3000.

- Employment for young adults of Child homes via Rockstart network

Rabin Gautam, who has very good skill in drawing sketches and portraits, had art training in Pokhara with the help of 3 sponsors. Later on he wanted to join training as restaurant boy (waiter) thus joined Red Mud Coffee Company (Rockstart network). Now he is employed as permanent staff of Red Mud Coffee and enjoying his new job. Red Mud wants to provide such trainings to many more youths in future. Thus we highly value and appreciate this partnership.



*Rabin(r) with roommates in hostel*

Till the date, we are able to send only a single boy in this program but there are many youths who want to work in various companies in Rockstart network. Partner organizations are eager to support young adults by providing jobs. There are some issues concerning proper accommodation and further investment to the youths during their work/internship period and after the completion of training. Support through head-start fund to trained youths is most challenging, as our children lack family to support them.

- Discussion with Duhabi Child Home Staffs for betterment in child care



*Board in Duhabi home Mr. Ramesh's visit*

Proper child care had been a challenge since long time. So, child care home staffs had thorough discussion on better child care options and planning. As a consequence we have been able to form a good annual plan for the year 2019. Each and every child's strength and weakness are explored for better child development which will be evaluated in certain interval for better implementation. Together with the child a personal plan is made. Similarly, annual plan will pave the way to success and support us to monitor and evaluate our work.

#### Cooperation with Rotary Club of Dharan and Rotary Club of Hulst Netherlands

With the generous support of Rotary Club of Hulst, Netherlands, Three additional class rooms are under construction on the top of existing school building.



*Ramesh discussing with Rotarians in a meeting*



*Three classrooms above the existing school*

A construction committee is formed that comprises members from Rotary Club of Dharan, Society for Helpless Children (SHC) and from Dipendra School. With the completion of this class rooms, we will be able to upgrade our school to class six from this session and class 7 and 8 will follow from next years. This school serve the underprivileged children who can't afford the cost of private school thus might deprive from the education. Dipendra School is the only community school in this poor, underdeveloped area. We are in need of donors for the procurement of furniture and other teaching learning materials.

## **Meal Program: need and its importance.**



*School children enjoying their meal!*

Meal program is regarded as most effective, to motivate the children in attending school. About 85% children don't have proper diet at their homes. As we know, the society is still under-developed which lacks equitable support towards the children. This program helps children stay healthier and happy. Per day cost for meal for a child is app \$0, 60.

*(This Program is sponsored by BisschoppelijkeVastenactie./St Kinderen vd Wereld )*

## **Annual Plan 2019**

Together with donor organization Stichting Shide Children's Home Dharan, we have made the year plan 2019: There are 2 projects run by SHC:

- The Child Home in Duhabi and
- Dipendra school in Falkland (slum area outside Dharan )

*Duhabi Child Home* has 18 orphaned and abandoned children in total and School has 175 children

This year we are planning to:

- 1) Prepare child development plan for long-term .The child will be owner of the plan. It can be adjusted depending on the performance of the child. In this way we can help the child setting goals and making the right choices
- 2) As mentioned in year plan 2018 extra tuition (homework support) is necessary for children who are weak in particular subjects.
- 3) Formation of child club is necessary for children's meaning participation. Children will be able to express their views and participate in development of the home.
- 4) Discussion and signing code of conduct by all staffs and board members.
- 5) Maintenance of home with paintings, furniture, kitchen utensils, playground, beddings, office equipment, toilet & bathroom etc.
- 6) Duhabi home has ambition to collect at least 20% of total expenses locally from this year.
- 7) Needs renovation of old building at the back of home to be used for extra tuition classes for children.
- 8) Add additional rooms on the top floor for accommodation of grown up children.

*Sustainability of Dipendra School* has been most challenging since majority of children are from under-privileged extremely poor families and government doesn't allow collecting fee from them. Only 5-10% of families having stable income and others can't afford because of their poverty and illiteracy.

For this year, we have planned:

- 1) To renovate the school in various areas like: Plastering, paintings, toilets, classroom, garden, kitchen, windows grills etc.
- 2) Repair of existing boundary wall is necessary in order to provide safe environment to children.
- 3) Quality education with computer facilities and additional furniture to children.
- 4) Organize child club and conduct various activities inside and outside the school premises for coordination.
- 5) Organize timely meetings with boards and guardians.
- 6) They also seek support from local government in order to construct the boundary wall outside the school.
- 7) Data collection to know about children's need (performed by the teachers) home visit..
- 8) Increase salary for motivation of staffs of the projects. As it is undeniable the fact that government has lately increased salary by 20% and adverse effect of inflation of around 20% on cost of commodities, so it is challenging factor to satisfy employees with the current payment.

***Proposed budget for 2019 for all projects including SHC office***

| <b>Cost type</b> | <b>Particulars</b>  | <b>In EURO</b> |
|------------------|---|----------------|
|                  |   |                |
|                  | <b><u>Dipendra School:</u></b>  |                |
| <b>A</b>         | Teaching/Sports/educational items   | 1489           |
| <b>B</b>         | Salaries ( 6 teachers x 1 cook )  | 8150           |
| <b>C</b>         | Project cost( Repair, furniture, water, waste management)                                       | 4794           |
| <b>D</b>         | Meal Program (Including fruits)   | 8214           |
|                  |   |                |
|                  | <b><u>Duhabi Home:</u></b>  |                |
| <b>A</b>         | Home Management( Food, hygiene, education, medicine, cloth, repair etc)                         | 7441           |
| <b>B</b>         | Salaries( office manager, home mother, cook mother, tuition teacher computer and dance teacher) | 3243           |
| <b>C</b>         | Project cost ( general maintenance, vocational training, painting)                              | 1762           |
|                  |   |                |
|                  | <b><u>SHC office:</u></b>   |                |
| <b>A</b>         | Administration (rent, internet, travelling, telephone, maintenance etc.)                        | 2380           |
| <b>B</b>         | Salaries ( Office manager)  | 2770           |
| <b>C</b>         | Project cost (general maintenance, guest)   | 385            |
|                  |   |                |
|                  | <b>TOTAL</b>  | <b>40628</b>   |

**Appeal:**

We are running these projects exclusively with support of private donations. Unfortunately local sponsoring is still very low due to the economic conditions in our country.

Thus we welcome any big or small donations that could bring change in the lives of underprivileged children of Nepal. We are in need of supporters for care and education of the children. Please contact us for further information and sponsorship.

**COLOPHON:**

***Bestuur en vrijwilligers:***

Henk Hooghuis, voorzitter, Martine Colijn (bestuurslid/secr) Glen Jonathans bestuur,  
Anja Brasser pedagogisch adv. Mr Drs Oscar Romer jur adviseur, Hannie Sjaarda financiële controle/jaarraport  
Ramesh Tamrakar ( kand bestuurslid en supervisor in Nepal ) Hans Sleetboom.webmaster, Clemens Deen /  
Marc Rademaker ( begeleiding bouw en onderhoud)

***Society for helpless children:***

Mr. Meharman Hughes (President), Mr Dil Kumar Rai, (treasurer), Puran Baraily (Off. manager)