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## **Nieuwsbrief 28**

**December 2021**

Beste donateurs/ belangstellenden

In deze jaarlijkse nieuwsbrief een overzicht van de bereikte resultaten in 2021 en de plannen voor het komende jaar. Deze is wederom in het Engels, samengesteld door supervisor Ramesh Tamrakar en homemanager Ashkumar Mandal.

Nepal is economisch ook dit jaar weer zwaar getroffen door de pandemie door o.a het instorten van de toeristensector. Ook was er sterke afname van inkomsten vanuit het buitenland: vele duizenden gastarbeiders verloren hun baan ten gevolge van de pandemie en keerden huiswaarts. Gekukkelig gingen de scholen weer ( gedeeltelijk ) open na een sterke afname van het aantal besmettingen. Ons kinderhuis is opnieuw creatief omgegaan met de situatie: de kinderen kregen extra activiteiten aangeboden, danslessen, tekencompetitie, maar ook computerles in huis en extra huiswerkbegeleiding. Het aantal weeskinderen dat een beroep op ons moet doen is toegenomen.

Naar verwachting zullen er in januari a.s 25 kinderen in Duhabi Children Home worden opgevangen, een toename van 8 in vergelijking met een jaar geleden, waarmee de maximum capaciteit is bereikt.

Voor dit doel zijn o.a nieuwe houten bedden aangeschaft ( zie verder in de nieuwsbrief ) Het kinderhuis kreeg meer lokale steun;zo kon een douche/ toilet op de 1e verdieping worden geplaatst twv eur 600; ook de nieuwe houten bedden zijn gefinancierd met lokale steun.

Helaas is in oktober een belangrijke zijmuur achter het huis ingestort vanwege een storm en extreme regenval .Insluipers hebben hierdoor vrij toegang. We moeten dit zo snel mogelijk herstellen om de veiligheid te kunnen waarborgen. U leest er meer over in het jaaroverzicht

Het Kinderhuis heeft inmiddels veel draagvlak verworven bij de bevolking. Om de opvang op verantwoorde wijze te doen is echter meer ( deskundig ) personeel nodig. Bovendien gaan de 2 huismoeders, Muna en Harimaya, komend jaar met pensioen en moeten zij worden vervangen.

Om dit alles mogelijk te maken doen wij een dringend beroep op U om onze kinderen ruimhartig te steunen !

Bestuur en vrijwilligers wensen U fijne Kerstdagen en een gezond 2022 !

Henk Hooghuis, voorzitter

Annual Newsletter-2021 of  
Stichting Shide Children's Home Dharan, Amsterdam, the Netherlands



The Duhabi Children Home couldn't remain unaffected from the Covid-19 pandemic. The various prominent sectors like, social, tourism and even political institutions are badly affected. It caused a severe impact on the lives of the children too.

Their school, social and recreational lives were impaired by this pandemic. The children were confined inside the four walls deprived of their basic rights. The home tried its level best to

keep them refresh by organizing different activities through child club, extra tuition classes and online classes. The lock-down got extended for almost 7 months in Nepal. The risk of infection has not over yet.

In order to avoid the risk of corona crisis, we implemented some rules and regulations. Children are not allowed to go out except in case of urgency. Visitors are also not allowed to enter inside home. Necessary visitors were received in the (open) shed built outside the home. The home was sanitized with the help of local clubs.

Functioning of SHC (Society for Helpless Children Dharan):

Stichting Shide Children Home Dharan, the Netherlands, was facing problems in functioning with its partner NGO SHC Dharan .SHC is responsible for distributing the funds on behalf of the Stichting Their board, presided by Mr. Kesar Shrestha, refused to follow the project agreement for monitoring the funds that was signed in 2004 Our Stichting Board member /supervisor Ramesh Tamrakar was asked to take over the role of SHC and its board and to monitor the available budget that was send directly to Duhabi Child Home.

Fortunately stalemate with our partner NGO SHC has been solved recently and Stichting can select a new committee that fully is committed to cooperate with us. We heartily thank co- founder Mrs. Bimala Shrestha for activating her network as well as founder member of the SHC Shyam Katuwal.

### Dipendra Smriti School Dharan:



Dipendra school claims that they are self-sufficient thus run without our support with support from local government. However, as promised we had provided inventories to school and built two toilets on the first floor.

A total sum of Rs. 109,000.- was spent for school inventory and Rs, 240,000.- (appr Euro 1900) was spent for 2 toilets at Dipendra school.



A separate toilet was constructed for daycare children beside the teachers' toilet. In the meantime, some maintenance was also carried out in teachers' toilet. Besides above items

following furniture was provided to School.

The details are as follow:

| S.No | Items                    | Quantity | Remarks |
|------|--------------------------|----------|---------|
| 1    | Square shape table       | 6 pieces |         |
| 2    | Chair                    | 1 piece  |         |
| 3    | Office table for teacher | 1 piece  |         |
| 4    | Book self                | 1 piece  |         |
| 5    | Carpet                   | For room |         |
| 6    | Ceiling fan              | 4 pieces |         |
| 7    | Extension board          | 2 pieces |         |

### Duhabi Children Home (DCH):

Presently, DCH is the major project run by SSCHD NL in Nepal after Dipendra school became supported by government. The DCH home was established in 2004. Now, 21 children are being resided and ranging from the age of 6 to 20 years old. In January 2022, we are expecting 4 more new children to be accommodated.

The detail of the children as per their age and status is as follows.

| S.No | Particulars          | 0-5 Years | 6-10 years | 11-20 years | Boys | Girls | Total |
|------|----------------------|-----------|------------|-------------|------|-------|-------|
| 1    | Without both parents | 0         | 7          | 7           | 7    | 7     | 14    |
| 2    | With single parent   | 0         | 4          | 1           | 3    | 2     | 5     |

|   |                         |   |    |   |    |    |    |
|---|-------------------------|---|----|---|----|----|----|
| 3 | Abandoned by Parents    | 0 | 0  | 0 | 0  | 0  | 0  |
| 4 | With both parents alive | 0 | 2  | 0 | 1  | 1  | 2  |
|   | Total                   | 0 | 13 | 8 | 11 | 10 | 21 |

The home can accommodate 25 children in its full capacity. The home admitted 8 (4 boys & 4 girls) new children in the year 2021 and hopes to intake few more children in the year 2022. It has planned to send some young adults for semi integration once they complete their class ten (SEE). They will be supported for their livelihood and education for a certain period, since they have no family to support. They will be gradually integrated in near future. Obviously, the academically sound youths will continue their education for higher level and weaker will join vocational training so that they can earn their living out of it.

#### Duhabi Child Home legally registered with CDO and Social Welfare Council.

The board meetings were held as per the statute and need of the organization. It has its own entity with new statute in the name of "Duhabi Children Home". Now we are no longer under "Helpless Children Mission Itahari". It is in process for official registration (approval) at the Social Welfare Council (Gov. of Nepal)

Some necessary improvements in 2021:

- A motorbike is purchased for the use of the home to facilitate in the office work and enhance the efficiency of the office manager. \* local transport is irregular and not available thus travelling consumes much time.
- Similarly, a 10 years old desk top is replaced by a laptop for office manager. It facilitates him to work during power cut too.
- In a like manner new faster internet connection is connected to facilitate office and children to attend online classes.
- A toilet on the 1<sup>st</sup> floor is constructed at home with the help of local donations. The home had raised Rs. 71,466. - (Euro 550) from local donors. It has eased the children, especially to girls, who live in upper floor.
- 16 New wooden beds are made on location of Duhabi home by carpenters.



## Children's Participation



\*Anju participated in dance competition in local level. She was popular among the dancers and earned good reputation.



\*Toyaz took part in so called "presidential" running match organized by provincial government. He stood 1<sup>st</sup> in 200m, 2<sup>nd</sup> in 100m and 3<sup>rd</sup> in 4x100m race. He was honored with medals and certificates. He is very good in football as well and takes part in local matches.

Anoj stood 4<sup>th</sup> in virtual oratory competition and won Rs. 1000/- as prize. It was organized by the Social Welfare board.

The children remained busy by taking part in drawing competition, quiz contests, cleaning and plantation programs.

They also took part in oratory competitions, quiz and drawing competition organized by children's federation of province one. The children are kept busy through above activities and television shows during lockdown.

## Child Club



Most of the activities were organized with the help of child club. The club has provided opportunity to develop leadership among members and ownership towards the home. In September, a new child committee is formed in the leadership of Anoj Gautam. It has seven members in the committee and 2 members as advisory team. The club contributed their points

for annual plans of 2022. The club actively took part in picnic and Holi (festival of color) celebration. They will be taking active part in all activities and development of the home in the days ahead.

### **Anoj:**

Anoj is the president of Child club of Duhabi Children Home, he is studying in class 9 at Mount Manasalu school. He is young, energetic and hardworking boy from DCH. He is good in math and science and has ability to learn quickly. According to Anoj some additional playing materials are needed for the younger children and elder children too. At Duhabi home fooding and education facility is good but we need some additional entertainment materials.

### **Riju:**



Riju, one of the senior boys of the home is in Kathmandu. He was trained as a barista since 2019 in Red Mud Coffee. Now he has mastered in barista and can handle the counter independently. Besides it, Riju's health has improved thus looks healthy and happy. Riju is living in a hostel in Kathmandu and his cost is partially subsidized by SSCHD NL with the help of a generous sponsor until Riju can manage without support.

Riju wanted to change his working place for better opportunity and payment. He is very much positive towards his profession as Barista and hopeful to run his own coffee corner in the future. Support by Stichting can make the difference for Riju to become self-reliant.

### **Wedding ceremony of Sita Gautam\***

Sita was the eldest daughter of home who got married in September amidst a grand

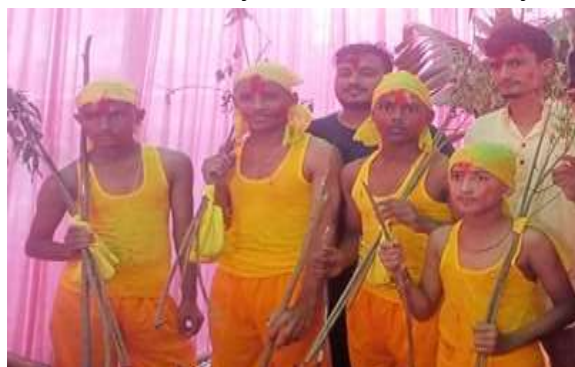


function. She is married to a young man who earns his living working as a three-wheeler mechanic in nearby city. Sita has settled well in her new family/home where she lives with her in laws. Stichting has sponsored Sita's wedding ceremony only after receiving private extra donations. The board prefers to make girls and boys equally independent and self-supporting when they leave the home. In the Nepalese

culture, girls get married with the support of their parents.

Special celebration for boys and girls has been organized:

In Nepali culture boys get bold (shaved head) before they reach the age of puberty. They are given certain clothes to wear and are supposed to go for begging alms. It is believed that only after this ritual they are eligible for getting marriage and other rituals.



This ritual is called *Sacred-thread Ceremony* (Bratabandha).

In a similar way, girls are supposed to undergo certain ritual before they get first menstruation. This is also a must for girls to have this ceremony before they qualify for marriage, the function is called as "Gunnyo-Choli" They are given an attire of adult woman and asked for certain rituals. Both

functions were combined with the wedding ceremony of Sita that has lessened the cost of these functions.

In the year 2021, January to November, the expenditure of DCH remained as follows. We have written proposed budget and plan for 2022 in underneath schedule. Duhabi Home has tried its level best to follow all means to minimize the expenses.

| Details of Expenses from Jan-Sept: 2021 |  |   |                                     |         |
|---|--|---|-------------------------------------|---------|
| S. No                                   | HEAD OF EXPENDITURE                      | Actual Exps<br>January to November.<br>2021 | Amount in<br>Euro.1 = Rs.<br>140.00 | Remarks |
| <b>(A)Exps for children</b>             |  |   |                                     |         |
| 1                                       | Fooding for Children                     | 318,549                                     | 2,275                               |         |
| 2                                       | School Exps/Books & stationery, Fees etc | 52,063                                      | 374                                 |         |
| 3                                       | Clothing Exps including Uniform          | 20,360                                      | 145                                 |         |
| 4                                       | Medical Exps                             | 20,551                                      | 149                                 |         |
| 5                                       | Toilateries for children                 | 55,386                                      | 396                                 |         |
| 6                                       | Travelling for children (Tour/Excursion) | 8,200                                       | 59                                  |         |
| 7                                       | Water supply, Electricity and Gas        | 73,520                                      | 525                                 |         |
| 8                                       | Rashmi's Exps                            | 99,000                                      | 707                                 |         |
| 9                                       | Riju's Exps                              | 109,400                                     | 781                                 |         |
| 10                                      | Sita's Exps                              | 268,748                                     | 1920                                |         |
| 11                                      | Picnic for Children                      | 29,435                                      | 210                                 |         |
| (A)                                     | <b>Total Exps.</b>                       | <b>1,055,212</b>                            | <b>7541</b>                         |         |
| S.NO                                    | HEAD OF EXPENDITURE                      | Actual Exps Jan to<br>November '21          | Euro                                |         |
| <b>(B)Salaries to Staffs</b>            |  |   |                                     |         |
| 1                                       | Salary of Mothers                        | 240,000                                     | 1714                                |         |
| 2                                       | Salary of Manager                        | 180,000                                     | 1286                                |         |

|             |  |  |              |  |
|-------------|--|--|--------------|--|
| 3           | Salary Part-timers                           | 72,000                                 | 514          |  |
| (B)         | <b>Total Expenses.</b>                       | <b>492,000</b>                         | <b>3514</b>  |  |
| <b>S.NO</b> | <b>HEAD OF EXPENDITURE</b>                   | <b>Actual Exps Jan to November '21</b> | <b>Euro</b>  |  |
|             | <b>(C) Administration Exps/ Project Cost</b> |  |              |  |
| 1           | Travelling                                   | 34,970                                 | 250          |  |
| 2           | Stationery (for office use)                  | 23,598                                 | 169          |  |
| 3           | Phone/Net Charges                            | 32,910                                 | 235          |  |
| 4           | Repair/Maintenance                           | 91,889                                 | 656          |  |
| 5           | Audit fees (SHC & DCH)                       | 43,950                                 | 314          |  |
| 6           | Television Dish installation                 | 7,500                                  | 54           |  |
| 7           | Furniture                                    | 105,500                                | 754          |  |
| 8           | SHC work                                     | 17,000                                 | 121          |  |
| 9           | Purchase of Motor bike                       | 270,000                                | 1929         |  |
| 10          | Fuel and motorcycle expenses                 | 11,030                                 | 79           |  |
| 11          | Carpet and window Curtains                   | 39,000                                 | 279          |  |
| 12          | Musical instruments                          | 17,000                                 | 121          |  |
| 13          | Laptop for office                            | 64,000                                 | 457          |  |
| 14          | Umbrella for children                        | 8,505                                  | 61           |  |
| 15          | House Painting, Interior                     | 75,000                                 | 536          |  |
| (C)         | <b>Total Exps.</b>                           | <b>841,852</b>                         | <b>6,015</b> |  |

**Grand Total of A+B+C = NRs. 2,389,064.-**

**Euro: 17,070.-**

The Duhabi Children Home (DCH) has been able to raise substantial local donation. However; these gifts consist mainly of sweets, noodles, fruits, beaten rice. Although it is encouraging that the home has increased local support.

In the year 2022, DCH accommodates more children in the family so that it will be in full-fledged capacity. Therefore, there is a considerable hike in the budget proposal for the year 2022.

Stichting needs to invest in quality care and education. For this purpose, we need to appoint new home mother who can focus more on education.

Also, a guard, handyman is necessary.

The highlights of the budget are as follows.

| <b>Annual Budget and Plan of 2022</b> |                    |                                  |         |
|---------------------------------------|--------------------|----------------------------------|---------|
| S.No                                  | Description        | Proposed amount (For whole year) | In Euro |
| 1                                     | Fooding            | 420,000                          | 2,989   |
| 2                                     | Education          | 132,000                          | 940     |
| 3                                     | Repair/Maintenance | 36,000                           | 256     |
| 4                                     | Medical            | 36,000                           | 256     |
| 5                                     | Toilateries        | 60,000                           | 427     |



|    |                                |                        |                |
|----|--------------------------------|------------------------|----------------|
| 6  | Water/Gas/Electricity          | 72,000                 | 512            |
| 7  | Clothings/Festival clothing    | 105,000                | 747            |
| 8  | Net and land phone             | 36,000                 | 256            |
| 9  | Office stationery/others       | 30,000                 | 214            |
| 10 | Fuel for motorbike             | 24,000                 | 171            |
| 11 | Activities/Celebration         | 45,000                 | 320            |
| 12 | Furniture for children         | 35,000                 | 249            |
| 13 | Audit/Org. renewal             | 30,000                 | 214            |
| 14 | Bedsheet & Pillows             | 25,000                 | 178            |
| 15 | Annual Picnic                  | 75,000                 | 534            |
| 16 | Rashmi Baraily Sponsored girl  | 108,000                | 769            |
| 17 | Riju Gautam Sponsored boy      | 108,000                | 769            |
| 18 | Others                         | 10,000                 | 71             |
|    | <b>Total of A</b>              | <b>1,387,000</b>       | <b>9,872</b>   |
|    |                                |                        |                |
|    | <b>Salary Details</b>          | <b>Proposed amount</b> | <b>In Euro</b> |
| 1  | Office Manager                 | 195,000                | 1,388          |
| 2  | 2 Mothers                      | 260,016                | 1,851          |
| 3  | Tutors/Counselor (6 persons)   | 336,000                | 2,391          |
| 4  | Handyman / Guard               | 130,000                | 965            |
|    | <b>Total of B</b>              | <b>9,21,016</b>        | <b>6,595</b>   |
|    |                                |                        |                |
|    | <b>Others</b>                  | <b>Proposed amount</b> | <b>In Euro</b> |
| 1  | Contingency for social/medical | 250,000                | 1,779          |
| 2  | Dismantling of old building    | 50,000                 | 356            |
| 3  | Health Insurance Premium       | 17,500                 | 125            |
| 4  | Re-built of New fence wall     | 270,000                | 2000           |
| 5  | Monitoring & Evaluation by SWC | 50,000                 | 356            |
|    | <b>Total of C</b>              | <b>637,500</b>         | <b>4,616</b>   |
|    | <b>Grand Total A+B+C</b>       | <b>2,945,516</b>       | <b>21,083</b>  |

### Challenges:

Our projects and the children in Nepal have also suffered from corona. It had been a great threat to our colleagues in keeping children safe out of this pandemic. Schools were closed due to lockdown. Online education was only limited available and children were encouraged to attend them regularly. Instead it has been dealing with the situation in a creative manner, like providing extra tuition, drawing competition, games inside the compound of the home.

### Excessive rainfall and storm causing collapse of Boundary wall.

The untimely rain and flood have cause death of hundreds of people in Nepal causing loss in rice fields. It has damaged highways and hundreds of houses. There were landslides in the hilly regions and flood in the plains. As a consequence, the boundary

wall of Duhabi home collapsed. We need to rebuild the wall to avoid unwanted intruder from outsides. Moreover, we don't have fund available in hand to rebuild it, thus looking for generous donors.



**pic: collapsed wall backside of DCH.**

**Pic: Design of fence wall**

The collapsed wall will be replaced by fence. The soil is too soft so stone wall will again have collapsed after excessive rainfall.

### **Educational tour 2021**



we organized the educational tour: 11 older children participated. They were excited after so long period of Covid restrictions!

We went to Pokhara and Lumbini by hired bus. It was a 14h drive. In Pokhara we visited museum of mountaineering as well as the British Gurkha museum and some temples and Bat cave.

A small and hazardous road through the hills took us to Lumbini, birthplace of Lord Buddha. We visited the Maya Devi Temple, the site where Maya gave birth.



A guide explained the children who were listening attentively. Also, we visited the Peace Pagoda, dedicated to world peace memorizing Hiroshima and Nagasaki.

#### Appeal and conclusion:

The Stichting Shide Children Home Dharan is a registered charity and solely depends on donations of the friends and sponsors mainly from The Netherlands.

In Nepal, there is a dire need of support to helpless children who have lost parents or who are at the verge of losing parent(s).

The average cost of living in the child home for a child is presently around Euro 75 pm. This amount includes the food, medical, education, recreational and other expenses, like housing, maintenance, homework classes, salaries of home mothers and home manager We therefor appeal to all to contribute to the survival of helpless children in Nepal. We sincerely appeal to sponsor a child or our organization in taking care of children. We believe in **"Sharing is Caring".!**

Colophon:

Ramesh Tamrakar Supervisor Nepal

Ash Kumar Mandal Coordinator DCH

Henk Hooghuis voorzitter Bestuur

Pieter van der Born, Bestuur/ adviseur

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