



Stichting Shide Children Home Dharan
Oostenburgerpark 82
1018 HT Amsterdam
Tele.nr : 020 – 4282850
Email : info@kinderhuisnepal.nl
website : <http://www.kinderhuisnepal.nl>
KvK : 34108366
IBAN : NL90INGB0000127313
ANBI : 11478



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Beste Donateur/ belangstellende

Hierbij onze nieuwsbrief, opgesteld door de project manager Ash kumar Mandal.

U krijgt een overzicht van het aantal kinderen, de leeftijd en de school die zij bezoeken.

U krijgt een beeld van het dagelijks leven. Er is veel aandacht voor spel naast de dagelijkse huiswerkbegeleiding. De speeltuin die in 2006 is aangelegd moet worden opgeknapt, Verder aandacht voor voeding. Een gebalanceerd diet is van groot belang. Vers fruit en groente naast zuivelproducten zijn prijzig in Nepal. Vaak eet men dagelijks rijst met dal (linzensoep) maar dat alleen is niet voldoende.

18 plussers zullen niet kunnen blijven in het kinderruis maar moeten wel hun opleiding kunnen afmaken. Ook moeten zij het staatsburgerschap van Nepal verkrijgen om zich te kunnen inschrijven voor een vervolgoopleiding of werk. Tot dat geregeld is kunnen zij niet uitgeschreven worden uit het kinderruis

Voor de oudere meisjes word een nieuwe kamer gebouwd op het dakterras.

De tiener jongens verblijven op de begane grond direct onder toezicht van de manager.

Duhabi Children Home heeft de registratie verlengd bij de Social Welfare Council en krijgt hulp van o.a de Municipality en de Child Care Board.

Zonder Uw bijdrae kunnen wij de kinderen geen veilige plek bieden om op te groeien.

Vandaar dat we een beroep op onze donateurs doen om ons te blijven steunen.

Namens het bestuur een vrolijk Pasen!

Henk Hooghuis



Easter Report

The project-An Overview

For the past two decades, **Stichting Shide Children Home Netherlands** has dedicated its efforts to support Orphan and Vulnerable Children in the eastern region of Nepal. As the main project of SSCHD in Nepal is Duhabi Children's Home (DCH) which works closely with the foundation to provide care and assistance to orphan children. Established in 2004 A.D. Duhabi home has relied on Stichting generous contributions over the past 20 years. In addition to the support from local donors, clubs, and the municipality, Stichting has played a vital role as the primary major donor organization. This partnership has been formalized through an agreement, solidifying Stichting commitment to sponsoring the children's home.

Duhabi Children Home is officially registered under District Administration Office (DAO)Sunsari, Social welfare Council (SWC), State No 1(Koshi) Child Care federation Union. DCH admits Children as per the rules and criteria of the higher authority. Currently, DCH has the responsibility for 20 children and is expecting three more orphan children in Year 2024.

Mission: -

The primary mission of the project is to provide orphan and helpless children, with a home, love, happiness and the highest possible level of education.

***UNICEF** and **Global** partners define an orphan as a child under 18 years of age who has lost one or both parents to any cause of death.

Objectives: -

1. To provide a safe and nurturing environment for children who have been orphaned or abandoned.
2. To meet the basic needs of children, including food, shelter, clothing, and healthcare.
3. To provide emotional support and counseling to help children cope with the loss of their parents.
4. To ensure that children receive a quality education and have opportunities for personal and academic growth.
5. To prepare children for independent living and successful integration into society.
6. To advocate for the rights and well-being of orphaned children and provide them with a voice in decision-making processes.

Supervisory Committee Establishment of New NGO

Stichting has recently made the strategic choice to create a distinct entity responsible for monitoring and facilitating the allocation of funds through new foundation SHIDE CHILDREN HOME. This committee will closely monitor the project, Office manager Ash Kumar will handle overall work of the project. Nishchal Raj Shakya is the chairman of foundation.



Children Performance at School

Bijay won medals and certificate in school sports meet. He participated in different games. he was awarded a gold medal in fill water with glass, silver medal in one leg race, bronze medal in book balancing race. Additionally, he received certificate of recognition for his outstanding performance in the sports meet.

Khusi exceptional handwriting skills were recognized and rewarded by the Connect Education Center by the prestigious certificate and showcasing her impressive abilities in the competition.

General assembly meeting

On February 10, 2024, DH general assembly meeting, presided over by Vice-Chairman Mr. Tej Narayan Rouniyar, focused on improving living conditions, education, and resources. Plans included establishing a library and offering tuition assistance to children, with their partner NGO Shide Children Home Nepal will provide funds and monitor independently.

Agendas:

1. Regarding the approval of the Annual Progress Report.
2. Regarding the approval of the audit report.
3. Regarding the approval of the upcoming annual plan.
4. Regarding the approval of patrons.
5. Regarding the formation of the working committee.

Criteria for admitting new children at home

- The child is a complete orphan or a half-orphan.
- The child is living in a dangerous circumstance.
- The DCH manager checks and inspects the documents and execute an on-site visit to assess the circumstances.
- The child undergoes a health and mental check-up.

Younger Children at home



Abhaya 2 and Abhay 6 are siblings, with their father deceased and their mother remarried to another man. Unfortunately, there were no other relatives available to take care of them. Thankfully, the women and children department of Dharan municipality intervened and decided to place them under our care and protection. It is crucial for us to create a stable and nurturing environment for them, where they can receive both physical and emotional support. Ultimately, our support is essential in helping them overcome the tragic circumstances they have faced and thrive in life. By providing them with the necessary resources, love, and care, we can make a positive impact on their lives and instill hope for a brighter future.

Indoor and Outdoor Playing



The inclusion of both indoor and outdoor games is vital in ensuring that children remain active, engaged, and happy. Indoor games such as carrom board, Chess, Checkers, Monopoly scrabble, Mikado, LEGO, Risk game and puzzles offer children a fun and interactive way to pass the time which also stimulate their brain.

When the weather permits, children eagerly embrace outdoor activities, indulging in games and physical pursuits. Hide and seek, soccer, and badminton are perennial favorites among them. They revel in the opportunity to run around, explore the playground, and relish the fresh air while engaging in play with their peers. Additionally, some older children at the orphanage find pleasure in participating in more structured sports like basketball, volleyball, and tennis. Overall, both indoor and outdoor games play an indispensable role in the lives of children at the orphanage home, providing them with an enjoyable and enriching means to socialize, acquire new skills, and maintain an active and healthy lifestyle.

Renovation of playground

The playground at Duhabi home is in desperate need of refurbishment, as the play structures such as the slide, table tennis court, and football post are outdated and deteriorating. This situation has a negative impact on the mental and physical well-being of the children who reside in our care. A secure and stimulating play area is essential for their development and overall happiness. By renovating the playground, we aim to provide the children with a space where they can engage in physical activities, socialize, and develop a sense of community and belonging. We are seeking support from donors and volunteers to help us revamp the playground into a vibrant and welcoming space that will bring joy to the children for years to come.

Counsellor at home



Mr. Raj Chaudhary, a professional counsellor from SOS Village, has been assigned to offer personalized attention to the children so they can open up about their issues. He visits twice a week on Friday and Saturday. He plays a crucial role in supporting children in need. During

his visits, he engages the children in a variety of activities. These range from one-on-one counselling sessions to group therapy sessions, all aimed at providing emotional support and guidance. Additionally, he organizes enjoyable and educational activities like arts and crafts, sports, and storytelling sessions to help the children develop self-esteem, social skills, and healthy self-expression. The children eagerly anticipate the counsellor's visits as they bring stability, comfort, and trust into

their lives. The presence of this committed professional has a significant positive impact on the well-being and growth of the children at Duhabi Children's Home.

Immunization to the children



Children were Vaccinated against measles and German measles dose at their school. The Municipality had organized a vaccination Camp with the collaboration with the schools ensure that all students were protected against these potentially serious diseases. The school is dedicated to promoting the health and well-being of their students, and providing vaccinations is just one way they are working to achieve this goal.

Regular health checkup camp

The dental department of BPKIHS organized a dental camp at a residential facility. They conducted dental examinations for all the children and informed us that two of them had minor dental issues that required treatment. The ward hospital has been consistently providing support for regular health checkups for the DCH children. Both the children and the staff members underwent thorough medical



examinations, which encompassed various physical and mental assessments to ensure their overall well-being. Dr. Amit Agrahari, an MBBS and MD practitioner, partially supports DCH through his clinic in Duhabi. The children receive monthly checkups and prompt assistance whenever necessary.

pic: Children during dental health camp.

Nutrients diet

After the proper discussion with Dietician DH is able to prepare food schedule with proper nutrition, protein and Other vitamins. DH ensures that children receive proper nutrition by providing them with a balanced diet. The children are given eggs twice a week, meat once a week, and fruits twice a week. On the other hand, DCH consistently provides all the necessary nutrients to the children through their daily meals, which include rice, pulses, green vegetables, and milk in their diet which can supply them with vital nutrients like vitamin C, iron, protein, and calcium.

Program of DCH Children

<u>Days</u>	<u>Breakfast</u> (6:30 to 7:00am)	<u>Lunch</u> (9:00 to 9:45am)	<u>Snacks</u> (4:30 pm)	<u>Dinner</u> (7:00 pm)
Sunday	Milk Biscuits/Cookies.	Rice, pulses, spinach and green vegetables, pickle.	Pasta / Thuppa	Rice and egg curry/Mushroom curry with lemon.

Monday	Green tea and cookies.	Rice, mix vegetable curry and Pickle.	plain chana	Rice, mix beans, potato puree and salad.
Tuesday	Beaten rice milk.	Rice Soybean potato mix Curry and salad.	Kheer, fruits.	Rice, pulses seasonable vegetables.
Wednesday	Multi grain -Bread milk.	Rice, beans, pickle and salad.	Puri and potato curry.	Rice, pulses seasonable vegetables.
Thursday	Kellogg's/ Oats and milk.	Rice, pulses, lemon and spinach/seasonal vegetable.	Beaten rice and gram vegetables/plain omelet.	Rice, Mushroom curry or Seasonal vegetable curry.
Friday	Milk tea and bread.	Rice, pulses and seasonal vegetable with salad.	Cooked Wai -Wai.	Rice, pulses seasonable vegetables.
Saturday	Roti/ Haluwa and fruits.	Chicken meat, rice, salad and papad.	Curd and beaten rice/ Matar Chola and Bhujia.	Chicken meat, rice, salad and papad.

Occasional / Ceremonial and Party Menu

	Breakfast	Dinner	Snacks	Lunch
Veg	Puri pulses and curd.	Pulav, Fried Dal, Rajma curry or paneer Curry.	Fried beaten rice, bhujia and omelet.	Pulav, Dal and Vegetable and papad.
Non-Veg	Egg, bread and milk.	Rice, Egg curry and salad.	Fried Noodles.	Rice, Chicken Curry and papad.

Tiffin Schedule

Days	Food Items
Sunday	Bread Jam / Seasonal Fruits.
Monday	Chatpate.
Tuesday	Pasta/Chow-Chow.
Wednesday	Chewra Sabji.
Thursday	Biscuits / Cookies.
Friday	Haluwa/Bread jam / Fried Chewra.

Child Club and their activity



Child Club of DH Conducted tree plantation program, Program was attended by the children residing in the home along with staff members. The children enthusiastically participated in the plantation and planted various show plants and flowering plants around the home.

The staff members of DCH Commended the efforts of the Child Club and expressed their gratitude towards the children for their active participation. They hoped that such initiatives would help in nurturing a sense of environmental responsibility among the children and inspire them to be more mindful of their impact on the environment.

CCTV Camera Installation Completed

Installation of CCTV Camera has been Completed. The CCTV Camera has been provided a safe environment for the Children of Duhabi home and to monitor it.

Regular health checkup camp

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pic: Children during dental health camp.

Needs

Project Library: -

The library program designed for orphanage children and the community is essential in fostering education, empowerment, and social progress. Through offering access to books, resources, and educational tools, this program creates avenues for individuals to expand their knowledge, enhance literacy skills, and improve their overall quality of life. Furthermore, the library serves as a safe and inclusive space for community members to connect, communicate, and partake in lifelong learning. By championing literacy and education, the library initiative has the capacity to bring about positive changes in the lives of orphanage children and community residents, enabling them to strive for a brighter future for themselves and their communities.

Appeal and conclusion: -

DCH Still needs your support. We are a local Community based facility for children who have no other options to grow up safely.

INFORMATION

on the website: www.kinderhuisnepal.nl a monthly report is published.

COLOPHON

Supervisory Committee:

Nishchal Raj Shakya
Krishna Youngan Tamang

DCH Committee:

Udhav Poudel (Chairman)
Ramesh Babu Thapa (Secretary)
Aashu Kumar Mandal (Manager)

Stichting:

Henk Hooghuis, chairman
Clemens Deen technisch adviseur
Sergi Vazquez, treasurer

Rabin fuyal (liaison)
Hans Sleeboom Webmaster editor

Happy Easter



May the spirit of Easter bring you and your family a festivity full of joy and happiness.