

Happy Easter

Easter Report

Duhabi Children Home





NIEUWSBRIEF 34 APRIL2025
Stichting Shide Children Home Dharan
Oostenburgerpark 82
1018 HT Amsterdam
Tele.nr : 020 – 4282850
Email : info@kinderhuisnepal.nl
Website : <http://www.kinderhuisnepal.nl>
KvK : 34108366
IBAN : NL90INGB0000127313
ANBI : 11478

Beste Donateur/ belangstellende

Hierbij onze nieuwsbrief, opgesteld door Ashkumar Mandal.manager van ons kinderkuis in Nepal.

We besteden aandacht aan het bezoek van dhr Shakya, voorzitter van onze partner organisatie die ik tijdens mijn laatste bezoek in Nepal heb kunnen uitnodigen voor een kort bezoek. (*op eigen kosten)

Hoogtepunt van zijn bezoek was de presentatie op 16 maart jll op uitnodiging van de Protestantse Kerk in Oosterend, Texel.

In Nepal heb ik een nieuwe overeenkomst opgesteld met de partners.

Tijdens mijn bezoek aan het kinderkuis merkte ik dat er dankzij SOS counselor Raj Chaudhary veel vooruitgang is geboekt in de begeleiding van de kinderen. Hij werkt individueel en in groepen met hen. Ik was onder de indruk van zijn werk en de inzet van de overige stafleden om ieder kind aandacht en een thuis te bieden.

Door de ondersteuning van SOS kinderdorp heeft het kinderkuis nu ook toegang tot voorlichtingsprogramma's mbt mental health en psychosociale zorg.

Om dit allemaal mogelijk te maken hopen wij opnieuw op Uw steun te mogen rekenen. Een gedetailleerde begroting voor dit jaar vindt U in het laatste deel van de nieuwsbrief.

Namens het hestuur en vrijwilligers wens ik U een Vrolijk Pasen !

Henk Hooghuis.



The project-An Overview

Duhabi Children Home (DCH) has been in operation since 2004 A.D., with the support of(SSCHD) Stichting Shide Children Home Netherlands in Nepal. For the past two decades, Stichting has been the main donor of this organization.

The children home is officially registered at the Social Welfare Council (SWC), State No 1(Koshi) Child Care federation Union. DCH admits Children as per the rules and criteria of the higher authority. Currently, the orphanage has the responsibility for 19 children and is expecting three more orphan children in 2025.

Mission



Our mission is to create a safe home for orphaned children, by providing support through education, healthcare, and community support. We strive to ensure equal opportunities for all children, addressing their physical, emotional, and educational needs for their overall growth and success in life.

Objectives

1. To provide a safe, Caring and loving environment for orphans aged 3 to 18.
2. Where possibly relate with remaining relatives and eventually unite with them.
3. To provide various opportunities creating the environment where orphan children can safely build up a social network, play, have hobbies and study.
4. To protect child rights.

*An orphan is defined by UNICEF as: any child under the age of 18 who has lost one or both parents.

In Nepal, the process of admitting children to an orphanage (children home) is governed by strict regulations. Essential documents include a recommendation letter from the municipal office and ward, death certificates of both parents, an application from the child relatives, and photocopies of the citizenship card of both the applicants and the parents. Additionally, a field visit report, a recent photo reflecting the child current situation, a medical report. These measures are in place to ensure the legitimacy and necessity of the child placement in a children home. We focus on the field visit report to find the real orphan. The field visits are supervised by a qualified social worker.

❖ The details of the children as per their age and status are as follows: -

S. No	Particulars	Boys	Girls	Total
1	Without both parents	5	5	10
2	With single parent	3	4	7
3	Adult 18+ Child	1	1	2
	Total	9	10	19

Reintegration occurs when a child turns 18 and begins living independently for work or study. Children stay in the home until 18; if they can study, they do so, otherwise they may work after obtaining a citizenship card. In some cases, if they



cannot get the card at 18, they may remain in the home until they do. We have two young adults over the age of 18.

Anoj has successfully reintegrated to independent living with the generous support of a Dutch donor, who is assisting with his education and living expenses. We are monitoring the support and the results for the sponsor.

Anju, female (21), on the other hand, is still awaiting reintegration into the community. Until now the authorities cannot prove her identity and grant her the citizenship of Nepal. As per regulations, reintegration is required once a child turns 18. Until her citizenship card is issued, Anju is unable to leave the home. She is highly motivated to continue her education and has expressed a keen interest in vocational training, particularly a beautician course. We are seeking kind support to help make her reintegration possible and ensure she can pursue a self-reliant future.

Local donation and policy

Local donation refers to the contributions made by individuals residing near the Duhabi Home. Around 20 percent of the total expenses of the home are covered by local donations. There are some regular donors who contribute items such as beaten rice, vegetables, and cookies. Children are not involved in collecting these donations; instead, the staff members are responsible for receiving them. Most donations are received in kinds, although sometimes cash donations are also received. All donations, especially cash, are carefully recorded in the donation register to ensure transparency.

The Staff members

Duhabi home has 7 staff members 4 full time and 3-part time: Manager, Kitchen Mother, Home Mother, Morning Tutor, Evening Tutor, Counsellor, and Security Guard.

Manju Chaudhary home mother (36) and Malti Siwa kitchen mother (33), who have been working there for 8 months each. Manju takes care of the children, assists with dressing and hygiene, they both are high school graduate with good sense of humor and help the (younger) children at night to read and write before going to bed, while Malti prepares and cooks meals. Both mothers support each other in their work, and the children are satisfied with the care provided. Both staff members are educated and contribute to the children well-being and development.



Pic: - Security guard, Home Mother and Kitchen mother.

Akash Chaudhary, child friendly security guard, plays an active role at Home. His main job is to take the small children to school in the morning and bring them back to home after school, visits the market for vegetables and groceries, maintains visitor entry records, and manages the garden.

*All seven staff members are educated. Every week they have a meeting to exchange information so that every child gets the right guidance.

Visit of Shide Chairman to Netherland for Project

On behalf of Shide Nepal, Chairman Mr. Nishchal Raj Shakya recently visited the Netherlands for project-related work. During his visit, he met with key members of Stichting including chairman Mr. Henk



Hooghuis, Webmaster Mr. Hans Sleebom, and Technical Advisor Mr. Clemens as well as with Mr. Ricky Mahabier who also has projects in Nepal and works together with us to improve our work for the children. The meetings were highly productive, with fruitful discussions on the ongoing project and its future direction. Mr. Shakya shared his views and ideas in regarding to update the webpage of the foundation. Namaste to all,

My name is Nishchal Raj Shakya, and I am honored to serve as the President of Shide Children Home Nepal the partner organization of Stichting Shide Children Home Dharan Amsterdam. I would like share my impressions concerning my recent visit to the Netherlands—a journey made possible through the kind invitation of Mr. Henk, President of SSCHN Netherlands.

One of the most memorable experiences during my stay was our visit to the Protestant Church, Oosterend situated on the beautiful island of Texel. Invited by the Church council we were received by the reverend Ds Miss Geertje de Vries, I had the privilege of presenting the work we do at the Children's Home in Duhabi Nepal. The support and warm hospitality extended to us-both Mr. Henk and myself-by Heike Bremer, husband Kees, and the church community was deeply moving especially their commitment to support our orphans in my country Nepal and inspired by the Gospel.



During the presentation, we showed a six-minute video that offered a glimpse into the real lives and daily challenges of the children in our care. The positive response from the audience was both humbling and uplifting. Following the presentation, we were invited for coffee and cake behind the church. We were also honored to receive a beautiful handmade piece of art from the church community—a gift symbolizing our heart connection with the Church community at Texel.

Upon returning to Amsterdam, I had the opportunity to meet and interact with the Stichting board members, including Mr. Clemens. Together, we had a detailed discussion about the maintenance of the building, as well as the safety and sanitary conditions at the home-key aspects for the well-being of our children. Mr. Henk kindly continued to accompany me, taking the time to show me various cities across the Netherlands. His incredible hospitality and the way he treated me like a close friend is something I will always hold dear. Back in Amsterdam, I also met Mr. Ricky Mahabier, the Chairman of the Nest Foundation, based in Sauraha, Nepal and also working for helpless children. Mr. Henk

had already visited Nest foundation in Nepal and we decided we can work together and most important learn from each other in the best interest of the children we intend to support.

Another important meeting was with webmaster Mr. Hans Sleebom, where we discussed plans to upgrade our website and how to deal with the risks of social media for our children and respect their privacy. Finally I express my sincere gratitude to treasurer Mr. Sergi who I could not meet!

With warm regards, Nishchal Shakya





Pic from Mr. Henk and Nishchal in the church receiving a donation from the church members

Orientation on Personal & Menstrual hygiene

Two children from Duhabi Home Khusi and Urmila, accompanied by kitchen mother(Malti), participated orientation in a personal and menstrual hygiene training at SOS Village Itahari. The orientation class was fruitful and beneficial for them. Such classes provide valuable knowledge and insights on personal care.

Orientation on Mental Health and Psychosocial Support (MHPSS)

Mental Health & Psychosocial Support (MHPSS) includes services that aim to improve the psychological wellbeing of individuals, especially in vulnerable situations. A comprehensive orientation on MHPSS was successfully conducted at Children Home, hosted by DH, Mr. Man Kumar Gurung from SOS village and Mr. Aashu Kr Mandal facilitated the orientation class. All children living at the home, staff member and tutors participated the session. The orientation program was interactive, child friendly, and educational, promoting understanding of mental health and emotional wellbeing. This type of orientation classes increases the knowledge of the MHPSS.

Celebration at home

To enhance a family environment in the home we also used to celebrate birthday of each and every child.

Field Visit



A field visit was done by the Manager and the Counsellor to Dharan, where they met the mother of Karan and Karuna. She has since remarried and is currently working as a garbage collector. However, she is struggling with alcoholism and lacks a stable living environment. Additionally, she is blind in one eye, which further limits her ability to care for her children., We will remain in contact with her and inform her about her children.

Achievement of Duhabi Home in 2025

- Renewal of Duhabi Home have been done. *Renewal of organization is needed to be done every year.
- Developed relationship with SOS Children village in work and trainings for the staff and Children.



Annual plan for 2025

Through the joint effort of the members, the board of directors, supervisory committee and the manager, the annual budget and the plan was prepared. We have outlined our 2025 annual plan.

We are looking for donors to support children and run the organization.

- Plastering of cracks and holes in wall and renovation of ladders.
- Battery and solar panel is needed to installed in home.
- Water heater is needed at home.
- Refrigerator is needed.

Renovation of toilet septic tank

The toilet septic tank at the home was overflowing with water, creating a health risk. A technician cleaned it, resolving the issue. The tank was then renovated by increasing its height and sealing it with concrete and bricks to prevent leakage. An overflow wastewater pipe has been installed to direct excess water outside, eliminating the risk of insect breeding. To accommodate the washing machine, the bathroom has been separated, and a concrete stand has been constructed.

Expenses of Duhabi Home from January to March 2025

S. No	Regular Expenses Description	Amount	In Euro (146.43) https://wise.com/gb/currency-converter/eur-to-npr-rate/history
(1)	Food & Nutrition	1,41,930	€967
(2)	Education	4150	€28
(3)	Repair and Maintenance	7410	€50
(4)	Medical	5775	€40
(5)	Toiletries and Hygiene	15775	€107
(6)	Drinking Water	8310	€57
(7)	Electric Bill	11070	€75
(8)	Gas refill	11460	€79
(9)	Clothing	8550	€58
(10)	Travelling for children	1450	€10
(11)	Office Stationery	6590	€45
(12)	Fuel and maintenance of Motorbike	5800	€39
(13)	Activity Celebration	7500	€51
(14)	Internet for OM	3000	€21
(15)	Garden Maintenance	8900	€61
(16)	Toilet Safety tank clean	10500	€71
(17)	School Expenses of Children	1300	€9
(18)	Pocket Money for Children	4500	€31
A	Total of A	248195	€1695
S. No	Salary Description		
(1)	Office Manager	64,140	€438
(2)	Home Mother & Kitchen Mother	97,488	€665
(3)	Tutors	34,770	€238
(4)	Security Guard	48,744	€332
(5)	Counselor	48,744	€332
B	Total of B	293886	€2007
S. No	Project Expenses Description		

(1)	Project expenses	21825	€150
C	Total of C	21825	€150
D	Grand Total A+B+C	563906	€3852

Proposed Annual Budget and Plan of 2025

The highlights of the budget are as follows.

(A)	Monthly Regular Expenses		
S. No	Description	Proposed amount (For whole year)	In Euro
(1)	Food and Nutrition	598,056	€ 4,212
(2)	Education	69,541	€ 490
(3)	Repair and Maintenance	41,725	€ 294
(4)	Medical	41,725	€ 294
(4)	Medical	41,725	€ 294
(5)	Toiletries and Hygiene	69,541	€ 490
(6)	Drinking Water Bill	34,771	€ 244
(7)	Electricity Bill	34,771	€ 244
(8)	Cooking Gas refill	83,450	€ 588
(9)	Clothing (Shocks, handkerchief)	34,771	€ 244
(10)	Travelling for Office	27,817	€ 196
(11)	Prizes for high performer Children Program	24,000	€ 170
(12)	Office Stationery	20,862	€ 147
(13)	Fuel and maintenance of Motorbike	27,817	€ 197
(14)	Communication/Mobile internet for OM	12,000	€ 85
(15)	Activities/Celebration	25,000	€ 176
(16)	Books & Stationery for Children	60,000	€ 423
(17)	Audit/ Renewal of Organization	25,000	€ 176
(18)	Pocket money for children	18,000	€ 127
(19)	Others Miscellaneous	50,000	€ 350
(20)	Anoj Gautam	174,000	€ 1,225
	Total of A	14,72,847	€10,372
(B)	Salary Details		
S. No	Description	Purposed amount (for whole year)	In Euro
(1)	Office Manager	301,340	€2123
(2)	Home mother and Kitchen Mother	2,11,224	€1487
(3)	Kitchen Mother	2,11,224	€1487
(3)	Tutor for morning class	75,335	€530
(4)	Tutor for evening class	75,335	€530
(4)	Handyman/Guard	2,11,224	€1487
(5)	Dance and Computer teacher	83,448	€589
(6)	Counsellor	2,11,224	€1487
	Total of B	13,80,354	€9720
S. No	Description	Purposed amount (for whole year)	In Euro
(1)	Clothes and Shoes for Children		
(a)	School Dress 2 pairs	50,000	€352
(b)	School Shoes both black and white	25,000	€176
(c)	Clothes for Children	50,000	€423
(d)	Summer Clothes for Children	37,500	€264
(e)	Winter Clothes for Children (Warm jackets, trousers etc.)	25,000	€176



(f)	School Bags	25,000	€176
(g)	Shoes	30,000	€211
(2)	Trainings and Orientation		
(a)	Orientation on MHPSS to Children and staff	10,000	€70
(b)	Orientation on personal and menstrual hygiene	8,000	€57
(c)	Orientation on Child Safeguarding to Children and Staff members	10,000	€70
(d)	Life skill orientation for children	8,000	€57
(e)	Vocational training for children	50,000	€352
(f)	Exposer Visit for One Day Educational Tour	25,000	€176
(g)	Playing with Counselling materials	40,000	€281
(h)	Extra-Curricular Activities for children (Drawing and Games, quiz, speech Competition)	25,000	€176
(3)	Celebration		
(a)	Birthday Celebration of Children	25,000	€176
(b)	Christmas Celebration	20,000	€135
(c)	New year Celebration for Staff and Children	10,000	€70
(4)	Cabinet File Cupboard	25,000	€176
(5)	Water Geyser 3 pcs	60,000	€422
(6)	Umbrella and Raincoat	20,000	€140
(7)	Health Insurance premium of Children and Staff members	20,000	€140
(8)	Field Visit Expenses	50,000	€352
(9)	Utensils Purchase for kitchen	30,000	€213
(10)	Painting Building Outside	1,25,000	€880
(11)	Refrigerator 1pcs	35,000	€246
(12)	Wooden Cloth Cupboard 4pcs	70,000	€492
(13)	Inter Net Connection	12,996	€91
	Total of C	9,21,496	€6484
(D)	Grand Total A+B+C	37,74,697	€26576

*The average cost of per child is approx. €110 per month.

Children Performance at School

Bijay participated in various games at his school sports meet, winning a gold medal in the "fill water with glass" event, a silver in the one-leg race. He also received a certificate of recognition for his outstanding performance.

Khusi, one of the intelligent and talented girl, scored an impressive 94.5% in her final terminal examination. However, she is unable to continue her studies at the same school due to its lack of a license for higher classes. Duhabi Home is now planning to admit her to a new school.



Regular health checkup

Children are taken to the hospital once a month for regular health check-up. Routine medical examinations include physical and mental tests to check overall health. DCH is supported by Dr. Amit Agrahari who is MBBS MD. Every child gets monthly checkup, with help available whenever they need. DH is planning to create health insurance cards for all children to ensure future access to affordable medical care.



Ram and Laxman are twin brothers from the Sukumbashi (* Sukumbashi means person illegally living in government property without paying any rent or tax) area of Dharan. Orphaned and previously cared for by their elderly grandparents who couldn't meet their needs, they were admitted to DCH. Coming from a disadvantaged background, they tend to be mischievous and lack basic habits like taking care of their belongings and school materials, often playing in the mud and outdoors. Managing them has been a significant challenge for the Duhabi Home staff. Special thanks to Manager Mr. Mandal and the counselor for their dedicated efforts in guiding and supporting the boys.

Pratima, a 12-year-old girl, has been living at Duhabi Home for the past three years. She and her sister, Khushi, who also resides at Duhabi Home, were rescued by the police after their mother passed away in the hospital. With no known family to care for them, the home has become their only source of shelter and support. Pratima has autism and requires special attention in both her education and daily care. Her development and well-being depend greatly on consistent support, personalized learning, and a nurturing environment. For her medical treatment and therapy sessions, we need to take her to a specialized autism center. With the right care and support, her health can improve significantly. With your generous contribution, we can continue to provide the care she truly deserves and help her reach her full potential.

Counselor at home



Mr. Raj Chaudhary has been working as a Psychosocial Counselor at Duhabi Children's Home (DCH) for 11 months. He conducts individual and group counseling sessions. He also organizes therapy and activities for the children's physical, mental, and emotional well-being. He collaborates with the DCH Manager to boost the children's self-confidence. He provides life skills, child rights, and child protection sessions. He also offers sessions on self-care, personal hygiene, and positive habits. To help the children de-stress, he uses yoga, meditation, and physical exercises.

Psychosocial Counselor organizes extra-curricular activities such as painting, crafts, sports, and storytelling. These activities focus on the children and help them develop self-expression. His regular visits and meetings have fostered love, respect, stability, comfort, and trust among the children. He assists the Office Manager in fieldwork. He manages the children's documents and addresses their problems promptly.

Needs:

- ❖ Every year, the children require new books as they progress to higher classes, costing around 2,700 rupees per child. With 18 children in the home, the cost for purchasing the necessary books adds up to a total of 49,500 rupees. Additionally, a budget needs to be allocated for buying other stationary materials such as notebooks, pens, and pencils to meet the educational needs of all the children.



- ❖ Some children don't have a personal clothes cupboard, so at least 4 cupboards are needed for children at home. Providing each child with their own clothes cupboard ensures that their clothes are kept neatly folded or hung up, making it easier for them to select outfits and keep track of what they have.

Particulars	In Nrs For 1 Pcs	In Nrs For 4 Pcs	In Euro For 1 Pcs	In Euro For 4 Pcs
Wooden Cloth Cupboard	17,500	70,000	€123	€493

- ❖ The old and damaged switchboards need to be replaced due to the risk of electric shock. It is necessary to install new switchboards to ensure safety and prevent potential hazards.



INFORMATION

on the website: www.kinderhuisnepal.nl a monthly report is published.

COLOPHON

Supervisory Committee:

Nishchal Raj Shakya
Krishna Youngan Tamang
Kishan Agrawal

DCH Committee:

Udhav Poudel (Chairman)
Ramesh Babu Thapa (Secretary)
Aashu Kumar Mandal (Manager)

Stichting:

Henk Hooghuis, chairman
Deen technisch adviseur

Sergi Vazquez, treasurer
Hans Sleeboom Webmaster editor

