

New plans and programs SHC 2014 (in association with SCHDN)

Below is a list of the integral programs and the practical implementation of these programs, which can bring change in all our projects.

- Vocational training for children is very essential. We seek to increase fund in the heading of vocational training.

We have provision of looking after the children in the homes, only till class 10. After that, it is difficult to help them with their choice of study. In Nepal, students generally start to work after completing class 12. We try to help the children in their further study after class 10.

Children who are not good in academic studies, should be better propelled to some kind of vocational training of their choice. It can be a very good idea for providing vocational training to the children of homes.

Hence, the homes should at least make a provision of offering children some vocational training to those who complete their SLC exam. We expect special provision for this program from SCHDN.

- Duhabi home should search children for new admission, as there are less children in the home. There are lots of homeless children in the society, who actually are roaming for basic needs. The government in Nepal doesn't have a good care and provision for street children.

It is hard to find real orphan children and in case of street and abandoned children, it is very difficult to get a true report of their lives. Hence they should intensely investigate the documents of those children, while admitting them in the home.

- Well trained and qualified home mothers and tutors are very essential for the children's development. Those trained home mothers can certainly help improve and control the behaviour and habits of children. But quality home mothers and tutors means higher salaries. For this, we need more budget in particular heading. We expect extra provision from SCHDN for this purpose.
- The Dipendra School should update their financial activities and must be more transparent to us in financial way. SHC has already informed the school.



Duhabi children enjoy playing in Home
Duhabi kinderen

- In front of the school there is enough space for a playground, but it is open and not safe for the children. Building a wall around it, is a good idea. The total budget for the compound wall is already included in the budget proposal for the school.

- For the progress of the Dipendra school, the following is very necessary;
 - ✓ Employing qualified teachers to increase the quality of education
 - ✓ Maintaining a healthy salary level to make teachers stable
 - ✓ Focusing extra activities and providing appropriate educational and playing materials
 - ✓ Managing game teachers
 - ✓ Motivating teachers and principals to make a strong management committee
 - ✓ Focusing how to highlight the school in the society
 - ✓ Making meal programs more effective
- We are seeking special provision for the care of retarded children as there are few children in the entire project who have slow mental faculty. These kind of children need intensive guidance. During their care, taking care of the other children is difficult. So we need an extra home mother and budget for these children.
- Request for all project to focus more on their local fund-raising program. It should be transparent between three parties; projects, SHC & SCHDN.

For the systematic implementation of above plans, we have to work together. We can make a difference in the lives of helpless children through education and better health care.

Vision and work plan Duhabi Children Shelter

In the board are 7 members and 6 advisors. The following points have been settled by the joint meeting of the board;

- Board has finalized and accepted the home as the pearl of Duhabi VDC. Preserving, promoting and providing security to the children are the main duties/responsibilities of the home. Its motto is to develop and make the home as one of the best home for helpless children in the Sunsari district.
- Home's sight upon the staff is positive. They are honest towards the children's personal development.
- The board is devoted for the holistic development of children of the home and pours all its efforts for the physical, mental, emotional and social well being of the children.
- The board is conscious for the future adjustments of the children in the society and is going to regulate programs which will be beneficial for the children to gain their livelihood.
- The following is a list of programs which have been regulated in the home; Dancing class, computer literacy class, extra curriculum activities, coaching or extra classes, educational tour and picnics.

The team in home is working together to continue the progress and minimize the weakness of the home. The home has committed to the following activities to develop the children;

To improve the study of children

- Motivating children to study
- Providing regular tuition classes in home
- Evaluating the results
- Visiting school time to time
- Self study

To improve extracurricular activities

- Organizing weekly programs in the home i.e. dancing, singing, drawing, essay writing, quiz
- Motivating them to take part in school programs

To improve the behaviour

- Providing moral education from time to time
- Providing rewards according to the good behaviour each month
- Make children to follow the rules and regulation of home

To make a healthy environment in the home

- Keeping the surrounding clean
- Organizing awareness programs of clean environments
- Motivating children to involve in cleaning activities inside the home
- Making children aware of personal hygiene

To protect the home and children

- Always locking the main gate of the home
- Stopping children to leave home without permission
- Allowing strangers to enter home only after permission
- Maintaining a register who is entering the home
- Making staffs obedient

For well management of water, food and living

- Providing separate beds for every child, with sufficient bed sheets and blankets
- Providing nutritious foods according to a weekly schedule
- Providing filtered drinking water

To control quarrelling, sickness and child runaway

- Investigate the reason of issue
- Rewarding children who don't quarrel
- Providing fresh and healthy nutritious food and making the children aware of the benefits of cleaning food, to avoid sickness
- Listen to children, their requirements and feelings and encouraging them
- Minimize the punishment

For admission of new children

- Searching new children
- Advertising about the Duhabi home in the community

Programs and policies in the home

- ❖ Arrangement of special care taker for caring children's activities
- ❖ Educational tour to "Satashi Dhaam" in Japha district
- ❖ Sanitation program camp for the weekend
- ❖ Develop gardening
- ❖ Meditation workshop in the weekend
- ❖ Health camp for children on March & November
- ❖ Yoga classes in September/October



Saraswati children participating the Yoga class instructing by Anja Barasser
Yoga-klas

- ❖ Organizing awareness program (HIV Aids, traffic rules, drug addiction, child right) in association with another organization
- ❖ Making vocational training effective
- ❖ Seeking new sources of donation
- ❖ Developing a code of conduct for the children, staffs and board members
- ❖ Local collection of food (Jan-March)
- ❖ Polishing the wire fence (pond side)

- ❖ Forming the subcommittee for raising funds and start collecting in market and factories
- ❖ Connecting a solar panel in the home to avoid a load shedding problem
- ❖ Constructing a waiting place (Chautara) for visitors.

The main source of income is SCDN: they deliver more than 80% of the financials and other support. Without their precious support home, we cannot operate well. To make an effective implementation of the plans and program above, we need more support and cooperation. Finally we hope our effort will bring changes in the lives of helpless children.

Saraswati Children Home

Vision of organization

Saraswati Ashram is committed towards the excessive care of those children who lost their parents and need support. The home offers them an opportunity to grow in nurturing the environment and help them achieve their personal goals, give them quality education and skill oriented trainings. The team in Ashram plays a quite admirable role to assist children with their daily activities.

Provision of Ashram in different activities of children

- The home is conducting morning and evening tuition classes for all children. To make the study of children more effective, the home discusses with teachers about the children (class 8, 9 and 10) and provides special coaching to them.
- Children have been providing the moral lesson for good behaviour. Additionally, the home is repeatedly organizing yoga and spiritual education classes to make them healthy and more rational. Children with indecent behaviour are motivated well and given a chance to reform their habits.
- Ashram is routinely cleaning the home, decorating the garden, washing cloths and bed sheets. Children and home mothers are generally informed with the diseases due to unhygienic conditions. Quality food, filtered drinking water, separate beds, clean blankets, sufficient toilets and bathrooms, a study room, a lounge (TV) room and a library are well managed in home.
- For the safety of children they are not permitted to leave home without permission and strangers are not allowed to enter home without permission.
- First aid is provided in the home for common treatments of children. For serious treatments, they are taken to a clinic near the home or BPKIHS.

Future plans of Ashram

- The home is seeking special skilful and other trainings for the children of age 8 and above. Children who are weak in study receive a main focus.
- Organizing awareness programs in the home regarding child rights, common diseases and other important subjects for the improvement of children.
- Providing a balanced diet according to the advice of a specialist.
- Establishing co-ordination between the children in the home and ex-children of the home, in order to provide the information about the livelihood, struggle and other general information about society.
- Organizing a program to co-ordinate all the children in the district. In this program, the home can share their experience and receive valuable advice.
- Organizing different games in child clubs, which will make children more active.

The major sources of the home are local donations and the Stichting Children Home Dharan, the Netherlands. Without their precious support, the home will not be able to operate in a good manner. We would like to wish our donors, because their small efforts can make a big difference in the life of the helpless children in Nepal.