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|  | <p>Report of Duhabi Children Home</p> <p>Sunsari / Nepal</p> <p>covering the month of October 2025</p> |  |
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### Local donations

| S. No | Voucher no. | Donor                             | Donated item                                                                                                  | Approximate amount | Amount in Euro |
|-------|-------------|-----------------------------------|---------------------------------------------------------------------------------------------------------------|--------------------|----------------|
| 1.    |             | Babita Lekhy /<br>Karan Chaudhary | Rice - 25kg, Puffed rice - 6kg,<br>Pasta - 5kg, Vegetable oil - 3ltr,<br>Pulses - 4kg and<br>Cookies-6 dozen. | 6500/-             | €45            |
| 2.    |             |                                   | Rum-Pum- Noodles- 2 Cartoon<br>and Puffed rice-3kg.                                                           | 1300/-             | €9             |
| 3.    |             | Total                             |                                                                                                               | 7800/-             | €54            |

Duhabi Home mostly receives in-kind donations, as donors rarely provide cash. Being an industrial and business area, most contributions come in the form of rice, vegetable oil, and other daily essentials. Donors are no longer allowed to bring cooked food from outside to feed the children. If they wish to provide meals or snacks, they must bring the ingredients, which will be prepared by the Kitchen Mother and then served to the children.

Donors are also requested not to hand over food or stationery materials directly to the children. All items should be given to the Home Mother or Kitchen Mother, who will distribute them according to schedule. All donated food items are checked for quality and only healthy, safe products are accepted. Donors are informed that the children are provided with good-quality food at all times.

### Board Meeting

The mother of Duhabi Home Chairman, Mr. Udhav Poudel, sadly passed away. The Board members extended their heartfelt condolences and presented a condolence letter, including one on behalf of the donor organization, Stichting Shide Children Home, Netherlands.

During the festival period, the Chairman Home Udhav Poudel, Member Vidyanand Yadav, Treasurer Shambhu



Adhikari, and local social worker Yubraj Chaudhary, along with Shide Chairman Nishchal Raj Shakya and Member Krishna Youngan, visited Duhabi Home. They offered tika and blessings to all the children. The children were very happy and joyful to receive their blessings.



## *Reports of Children*

Dashain was celebrated at home, where all the children wore the clothes they had chosen themselves.

Many kids had exam before the Dashain holiday. They went to school and tuition classes regularly, staying busy with their studies and terminal examination. However, some kids didn't have exam but still went to school. Once the exams were over, they enjoyed their time off during the month. They had holiday and spent a lot of time playing, drawing, helping out at home.



## *Repair and maintenance*

No maintenance work was carried out during the month; however, repairs are needed for the dining table and benches, bathroom and toilet doors, and window nets.

The walls were freshly painted, giving the home a vibrant look, and the gardens were well maintained.

The children celebrated Dashain and Tihar at home, enjoying each day of the festival, including Kukur Tihar, Kaag Tihar, Gai Tihar, and Bhai Tika.



### *Child Club activity*

During the vacation, children received life skills training such as watering plants, planting, and spraying water on them.



### *Training/ Extra Session*

A cybersecurity awareness session was conducted for the children and mothers to promote the safe and responsible use of the internet and digital devices. The session covered key topics such as protecting personal information, identifying online risks, safe social media use, and reporting cyberbullying. Children actively engaged in discussions, enhancing their understanding of online safety and responsible digital behavior.

## Medical issues

In September, Karan had a minor accident while playing and got a deep cut on his hand from a piece of glass. He was immediately taken to the nearby municipal ward hospital, where he received two stitches and proper medical care. After 15 days, the stitches were removed once the wound had completely healed. The hospital did not charge any fees except for the medicines that were not available and had to be purchased from a medical shop.



## Education

During the last week of September and the first week of October, all the children had their second terminal examinations at school, while some continued attending their regular classes.

## Hygiene

Mothers place strong emphasis on maintaining cleanliness within the home to safeguard the children health and promote a hygienic living environment. Regular cleaning of toilets, bathrooms, and surrounding areas are carried out to reduce the risk of germ transmission. The children, particularly the girls, actively assist the mothers in these efforts. Additionally, mothers and staff at Home educate the children on essential hygiene practices, including proper handwashing after using the toilet and before meals.

## Safety Measures

To prevent the spread of dengue and other insect-borne diseases, insecticides were sprayed on the front playground, and the grass was neatly trimmed and well maintained to ensure a safe and hygienic environment for the children.

## Counsellor at Home

We have continued providing regular individual and group counseling sessions tailored to the needs of children, focusing on their overall well-being. These sessions play a vital role in identifying challenges early, offering timely emotional and psychosocial support, and building children's confidence. As a result, many children are now better equipped to manage their emotions, express themselves safely, and develop stronger resilience. This ongoing support is contributing to a healthier and more empowering environment for their growth and development.

The discussion commenced with a review of the previous day's activities, followed by a structured group activity designed to enhance interaction and teamwork. Participants took part in a creative "blinking game" after receiving clear instructions and being paired for successive rounds leading to the final match. The activity cultivated a positive and energetic atmosphere, promoted relationship-building, and encouraged collaborative participation. Two winners were selected and awarded small

prizes in recognition of their achievement. Their positive response, along with the active engagement of all participants, contributed to a strengthened sense of unity, motivation, and overall group cohesion.



Reported by:  
Aashu Kumar Mandal  
Project Manager