Independent Supervision and counselling Report

October,2026

1. Basic Information

Location: Duhabi Children Home, Sunsari	**Report to:** Henk Hooghuis
Reporting Period: October,2026	
Date of Supervision: October Month	
Supervisor/ counselor: Independent Supervisor and Counselor	**Report Date:** 09/11/2026

2. Purpose of Supervision

To monitor children's overall well-being, behavior, discipline, daily routines, personal hygiene, and quality of care, while identifying areas requiring improvement at Duhabi Children Home (DCH).

- Promote positive behavior, self-discipline, and responsible conduct.
- Strengthen personal hygiene and consistency in daily routines.
- Encourage respectful and supportive caregiver-child relationships.
- Identify care-related challenges and recommend practical improvements.

3. Key Areas of Monitoring and Supervision

A. **Care and Living Conditions:** Children's basic care, accommodation, and living environment were reviewed.

B. **Food and Nutrition:** Regular meals are provided. Balanced diets, food variety, and kitchen hygiene require continued attention.

C. **Education:** Children are encouraged to attend school regularly and maintain study routines.

D. **Counselling and Wellbeing:** Individual and group counselling supported emotional expression, positive behavior, and social development.

E. **Safety and Protection:** Continued monitoring of child protection, safe surroundings, and appropriate supervision is recommended.

F. **Hygiene and Sanitation:** Personal hygiene, clean clothing, handwashing, and sanitation practices require regular guidance.

G. **Discipline and Participation:** Positive, non-violent discipline and age-appropriate participation in household responsibilities should be encouraged.

4. Overview of Children

Aspect	Details
Total Children	17
Boys	7
Girls	10
Age Range	4-16 Years
Children with Special Needs	1

Children with Special Needs: One child requires individualized care, educational support, regular psychosocial follow-up, and assessment by a specialist medical professional to identify appropriate support needs.

5. **Counseling Session**

Aspect	Details
Type	Individual and group counselling
Sessions Conducted	2 Individual and 2 Group Sessions
Focus Areas	Positive behavior, hygiene, self-discipline, daily routines, teamwork, and respectful communication.
Participation	Good
Observations	Children showed positive participation and willingness to receive guidance.
Outcomes	Increased awareness of hygiene, discipline, teamwork, and positive social behavior.

Observation and Intervention:

Children's behavioral and disciplinary concerns were addressed through counselling and positive guidance. Regular routines, personal hygiene, mutual respect, and positive communication were emphasized. Caregivers were encouraged to maintain supportive and caring relationships with children.

Achievement:

Children demonstrated positive engagement in counselling and increased awareness of personal responsibility, hygiene, and appropriate behavior.

6. **Supervision Schedule Overview**

Date	Activity/Supervision Areas	Findings/Observations
4, Oct,	Observation of children's discipline and behavioral patterns	Behavioral concerns and improvement need identified.
10, Oct,	Monitoring of personal hygiene and cleanliness	Regular hygiene guidance and monitoring recommended.
11, Oct	Review of food quality and nutritional arrangements	Nutritious and balanced food requirements discussed.
14, Oct	Meeting and discussion with Anne Beth-Day 1	Current situation, challenges, needs, and improvement areas of DCH discussed.
17, Oct	Meeting and discussion with Anne Beth -Day 2	Possible solutions, institutional improvements, and future priorities discussed.
20, Sep	Review of children's daily routines and house rules	Consistency in following daily routines emphasized.
25, Sep	Discussion on caregiver-child relationships	Positive, respectful, and supportive interactions encouraged.
31, Sep	Review of child protection and residential care practices	Importance of safe and child-friendly care reinforced.

Achievements:

The supervision identified key areas for improvement. The two-day discussion with Anne Beth helped review DCH's institutional needs, challenges, management, and future improvement priorities.

7. **Key Achievements**

- Conducted two individual and two group counselling sessions.
- Identified children's behavioral and disciplinary needs.
- Promoted personal hygiene and regular daily routines.
- Emphasized nutritious food and positive caregiver-child relationships.
- Discussed DCH's needs and improvement priorities with Anne over two days.

8. **Challenges**

- Some children require continuous behavioral guidance and motivation.
- Maintaining regular hygiene and daily routines remains challenging.
- Caregiver-child communication needs consistent positive attention.

9. **Risk**

- Inconsistent discipline may affect children's behaviour
- Poor hygiene may cause health concerns.
- Limited communication and emotional support may weaken healthy relationships between caregivers and children.
- Delays in addressing institutional needs may affect the overall quality of care, child protection, and children's well-being.

10. **Recommendation**

- Strengthen positive discipline and behavioral counselling.
- Ensure consistent daily routines and personal hygiene.
- Provide balanced and nutritious meals.
- Promote caring, respectful, and positive caregiver-child relationships.
- Arrange specialist assessment and appropriate support for the child with special needs.
- Develop an action plan to address DCH's identified institutional needs.
- Continue regular supervision and psychosocial support.

Key Observations

Overall, the children home was functioning satisfactory. Basic care and counselling activities were being maintained. However, continued attention is required to improve children's discipline, hygiene, daily routines, nutrition, and caregiver-child relationships. The institutional needs identified during discussions with Anne should be addressed through regular follow-up and practical improvement measures.

Report By:
Name: Raj Narayan Chaudhary

Designation: Independent Supervisor and Counsellor
Date: 09/11/2026

Supervision Schedule
October,2026

Date	Time	Duration	Activity/ supervision areas	Finding observation
4, Oct,	1:00PM-2:00PM	1 hour	Observation of children's discipline and behavioral patterns	Behavioral concerns and improvement need identified.
10, Oct,	1:00PM-2:00PM	1 hour	Monitoring of personal hygiene and cleanliness	Regular hygiene guidance and monitoring recommended.
11, Oct	1:00PM-2:00PM	1 hour	Review of food quality and nutritional arrangements	Nutritious and balanced food requirements discussed.
14, Oct	5:30PM-7:00AM	1.5Hour	Meeting and discussion with Anne Beth-Day 1	Current situation, challenges, needs, and improvement areas of DCH discussed.
17, Oct	10:00AM-12:00PM	2 Hour	Meeting and discussion with Anne Beth -Day 2	Possible solutions, institutional improvements, and future priorities discussed.
20, Sep	2:00PM-3:00PM	1 hour	Review of children's daily routines and house rules	Consistency in following daily routines emphasized.
25, Sep	1:00PM-2:00PM	1 hour	Discussion on caregiver-child relationships	Positive, respectful, and supportive interactions encouraged.
31, Sep	3:00PM-4:00PM	1 Hour	Review of child protection and residential care practices	Importance of safe and child-friendly care reinforced.

Submitted by:
Raj N. Chaudhary
09/11/2026